

& SURROUNDING VALLEY
RELOCATION MAGAZINE



Krystyna Ryan

REALTOR®

Realty ONE Group Professionals

208.918.5007

FOR THE NEWEST PROPERTY LISTINGS VISIT:

www.greatboiseidahohomes.com

GreatBoiseldahoHomes





Krystyna Ryan REALTOR®

PHONE 208.918.5007

OFFICE

7709 W Overland Rd Boise, Idaho 83709

WEBSITE

www.greatboiseidahohomes.com

EMAIL

greatboiseidahohomes@gmail.com

Meet Krystyna Ryan

Welcome to the beautiful Treasure Valley Idaho!

I invite you to discover Boise and surrounding communities. Each community has something special and unique to offer. Find out what appeals most to you!

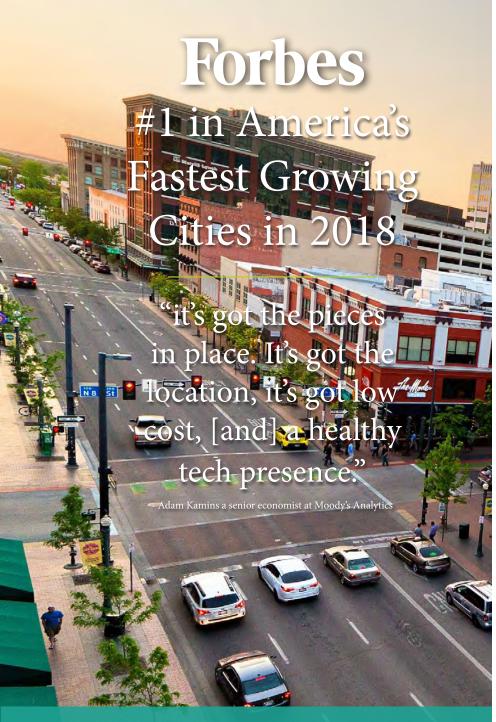
The Boise area is a great place to live! The vibrant cultural, education and recreational opportunities, the friendly people, mild climate, all add up to a high quality of life.

This guide will serve as an introduction to Boise and the Treasure Vally as well as a handy reference source for now and the future, when you find your new home here!

I look forward to helping you find your new home in Boise.

Krystyna M Ryan





The **Boise & Surrounding Valley Relocation Magazine** is researched and written by The Internet Czar. All material in this publication is copyright protected and may not be copied for use in other publications without the written permission of The Internet Czar. All photography is copyrighted by their respective owners and licensed by The Internet Czar through shutterstock.com or as otherwise noted. Every effort has been made to assure the accuracy of the information contained herein, but accuracy is not guaranteed. Contact information for The Internet Czar: 104 F. Fairvew Ave. #357. Meridian, Idaho 83642

This magazine is licensed to the real estate professional listed on the cover and throughout the footer. They may distribute, print, reproduce, and otherwise share this product freely without restriction or limitation.

Table of Contents

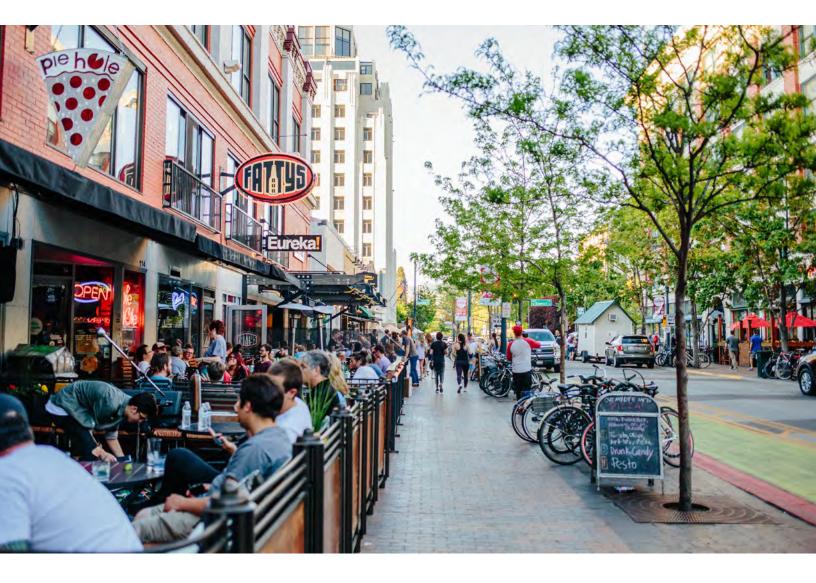
The Treasure Valley - Good for the Soul

Meet KRYSTYNA RYAN

Geography & Climate

Boise by the Season	9
Travel & Location	8
National Accolades	10
	10
COMMUNITIES OF THE TREASURE VALLEY	12
Boise +	14
Meridian +	20
Eagle +	24
Kuna +	28
Star +	32
Nampa +	36
Caldwell +	40
Middleton +	44
Emmett +	48
10 Reasons to Choose Idaho	52
Adventure Time	54
Nearby Activities	57
Family Fun	58
EDUCATION	64
Public School Districts +	65
Private Schools +	66
Homeschooling +	69
HIGHER EDUCATION	70
Boise State University +	71
College of Idaho +	73
Boise Bible College +	74
Northwest Nazarene University +	75
College of Osteopathic Medicine +	76
REGIONAL HEALTHCARE	78
Saint Alphonsus Health System +	79
St. Luke's Health System +	82
VA Healthcare +	88
Economic Snapshot	90

The Treasure Valley Good for the Soul



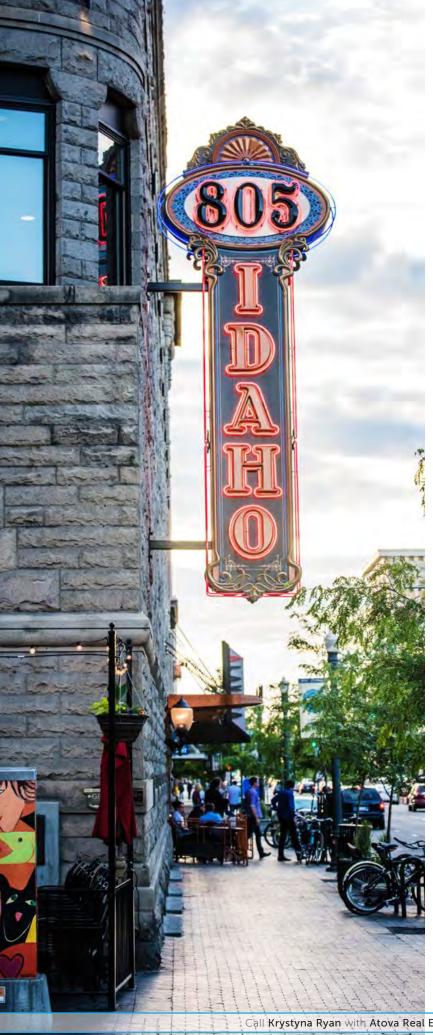
ENHANCE YOUR LIFE

The Boise and Treasure Valley region delivers an unparalleled quality of life not found anywhere else in the nation. That statement isn't unsubstantiated hype. It's the reason Idaho is the fastest growing state in the country. Boise has a lot of things going for it: an urban/metropolitan economic and educational base, affordable cost-of-living, an extraordinary business-friendly environment, four mild and distinct seasons, and plenty of public wilderness that allows a lifetime of weekend adventures.

INCREASE YOUR FAMILY TIME

We sure hope you like your family. Yep, living in the Boise and Treasure Valley area gives you a lot more family time and family adventure opportunities. One of the first things people notice, especially if they're from California or Washington, is that their commute time is significantly reduced. This means less time on the road and more time enjoying life.

Convenient access to plenty of open spaces and indoor rock climbing or ice skating, an overabundance of activities abounds for people



of all ages and interests. Whatever your passions you'll find it in the valley. And, as already mentioned, you won't have to navigate through hours of bumper-tobumper traffic to get there!

BOOST YOUR CAREER

With few exceptions, Boise and the Treasure Valley area boasts a diverse and evolving economic landscape. This provides opportunities for everyone. The region is becoming a popular destination for start-ups thanks to a growing pool of young talent and experienced entrepreneurs. The area offers low business taxes, lack of stifling regulations, and inexpensive commercial real estate. Of course, high-tech and innovative businesses coming to the region isn't a new development. They're simply building on a well-laid foundation paved by companies such as Micron, HP, Simplot, IBM, and several other well-recognized corporate brands.

ELEVATE YOUR EDUCATION

There is simply no denying that Boise State University is the most visible higher education institution in the valley. With their 24,000+ students and over 200 fields of study ranging from undergraduate programs to post-graduate programs it's easy to see why. But Boise State isn't the only institution carving out an amazing reputation for itself. Throughout the Treasure Valley, you'll find colleges and universities setting themselves apart. For example, College of Idaho in Caldwell is one of the top 50 Small Colleges in the US. Northwest Nazarene University is one of the top Christian universities in the Northwest. Idaho State University is well renowned for its Meridian Health Science

Center, and Idaho's first medical college – Idaho College of Osteopathic Medicine, or ICOM. And there's more! These are just a few of the most recognizable institutions found throughout the region.

INTENSIFY YOUR RECREATION

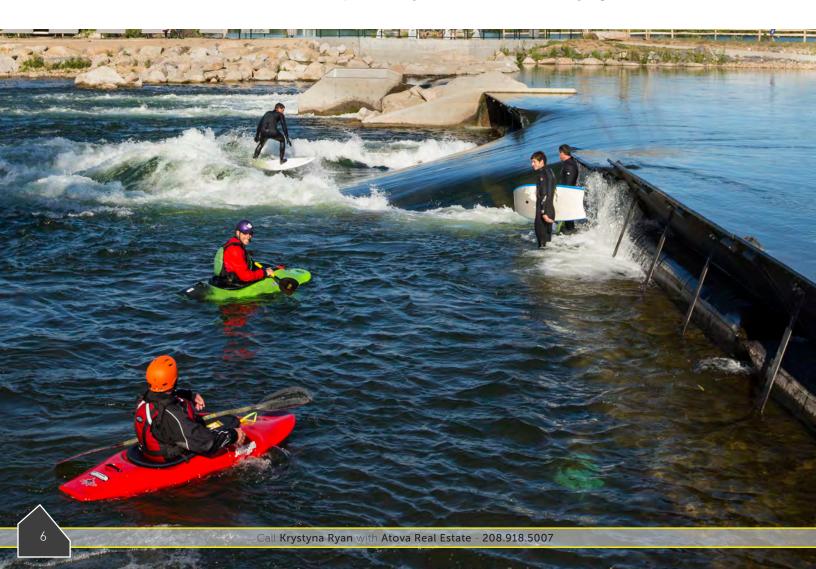
If your idea of recreation requires being outside, then Idaho will exceed your expectations. Surrounding the valley are hundreds of miles of public lands; from forest to high-desert, hills to mountains, calm streams teeming with trout to varied ranges of whitewater waiting for a kayak or raft. Whether you love camping in remote areas or enjoy the amenities of well-stocked campgrounds Idaho has it. Idaho is known for fishing, hunting, hiking, camping, mountain biking, dirt biking, off-road overlanding and so much more. The outdoors is so much a part

of our DNA that you'll occasionally see men in business suits putting a fishing line into the Boise River during a lunch break or fishing reels changing hands at church. Yep, folks in Idaho take their outdoor playtime seriously.

RAISE YOUR POINT OF VIEW

We're not going to tell you that living in Idaho will restore your hope in humanity or that living in the Treasure Valley is the next best alternative to heaven, though some may think so.

The fact of the matter is that life in Idaho is an upgrade from most places people are moving here from. For example, homes here are still reasonably priced, the cost of living relatively affordable, violent crime is nearly nonexistent, and the people here still make eye contact with you and smile when saying, "Hello." So, across





several important lifestyle factors, you'll find that life in Boise, and elsewhere in the Treasure Valley, exceed expectations.

And the evidence is in the fact that Idaho is the fastest growing state in the nation. It's attracting people and families from all over the country. It's attracting new and expanding businesses, and it's simply a fantastic place to call home.

There's just something special about enjoying a steak at Chandlers Steakhouse in Boise with friends on a Friday evening, getting lost in an Idaho forest on a Saturday, and fighting to stay in the raft while rafting the Payette River on Sunday. You'll soon realize why Idaho is growing; why people are moving here; why animals are moving here (wolves, bears, and moose populations are growing on the Northeast parts of Idaho); and rumor has it, even Sasquatch has escaped to Idaho thanks to low taxes and pristine waterways.

START LIVING! CHOOSE BOISE!

Folks choose Boise and the Treasure Valley for

a lot of different reasons: Freedom, Nature, Environment, Recreation, and/or Work. Whatever your reason, we're sure you'll be a great fit. Let's be honest, if you think where you're at is a great place to live you certainly wouldn't be reading this now. You probably already know that the quality of life in the Treasure Valley is heads and shoulders above most other metropolitan areas. Sometimes, just taking that first step towards relocating is the most uncomfortable. We look forward to helping you take that first step.

STILL AFFORDABLE?

Yes! Boise is still affordable! It's a wonderful area for first-time home buyers, families, people looking for their dream home, or to retire. Our growth has come with a lot of positive benefits: an improved and more diverse economy, growing educational institutions, renewed investment into infrastructure, and significant investment into new housing developments. Explore the Treasure Valley and you'll be pleased with what you see.



While the Treasure Valley is formally recognized as a large area located in the southwest region of Idaho extending into southeast Oregon, for our purposes, we're focused exclusively on the Boise metropolitan area. Focusing on the Boise area, the region is a wide valley, considered to be at the foot of the distant Rocky Mountains. The valley floor is carved by streams and rivers, the largest remaining being the Boise River that joins the Snake River about 40 miles to the north.

The location of the Boise metro area lends itself to four distinct seasons. In the summer, temperatures range from the upper nineties to the lower sixties. Summers are dry and especially delightful in the early evenings into the late mornings. Depending on where you're from, winters are moderately cold with little or occasional snow. Spring and Fall are mild and the favorite times of year to go exploring much of Idaho, especially if mountain biking, camping, and fishing are at the tops of your recreational interests.

Boise & Surrounding Valley BY THE SEASON

If you like sunshine, you'll love the Treasure Valley.

With an average of 220 sunny days, low humidity and just 12.1 inches of precipitation, the climate here is ideal for spending time outside. Weather in the Treasure Valley is influenced by Pacific weather patterns, which helps moderate temperature extremes.



Nov 18 - Feb 21

Average High: 47°F Average Low: 27°F

Seasonal Rainfall: 5.14"

Even though the weather gets chilly, there's no reason to stay indoors. Walk, run or ride on the Boise River Greenbelt or head up to Bogus Basin for the day with a variety of runs for all different abilities.



Feb 22 - Jun 14

Average High: 63°F

Average Low: 36°F

Seasonal Rainfall: 5.73"

Spring gives way to warmer afternoons with cool early mornings and evenings. As the days slowly get longer you'll have more time to enjoy the best of the Treasure Valley from camping to downtown entertainment.



Jun 15 - Sep 11

Average High: 85°F

Average Low: 56°F

Seasonal Rainfall: 1.84"

Nothing quite compares to a Treasure Valley summer. Float the Boise river, plan BBQ's with friends, or relax outdoors on the patio of family friendly local restaurants. And don't forget about the natural beauty of Idaho - Get outside!



Sep 12 - Nov 17

Average High: 64°F

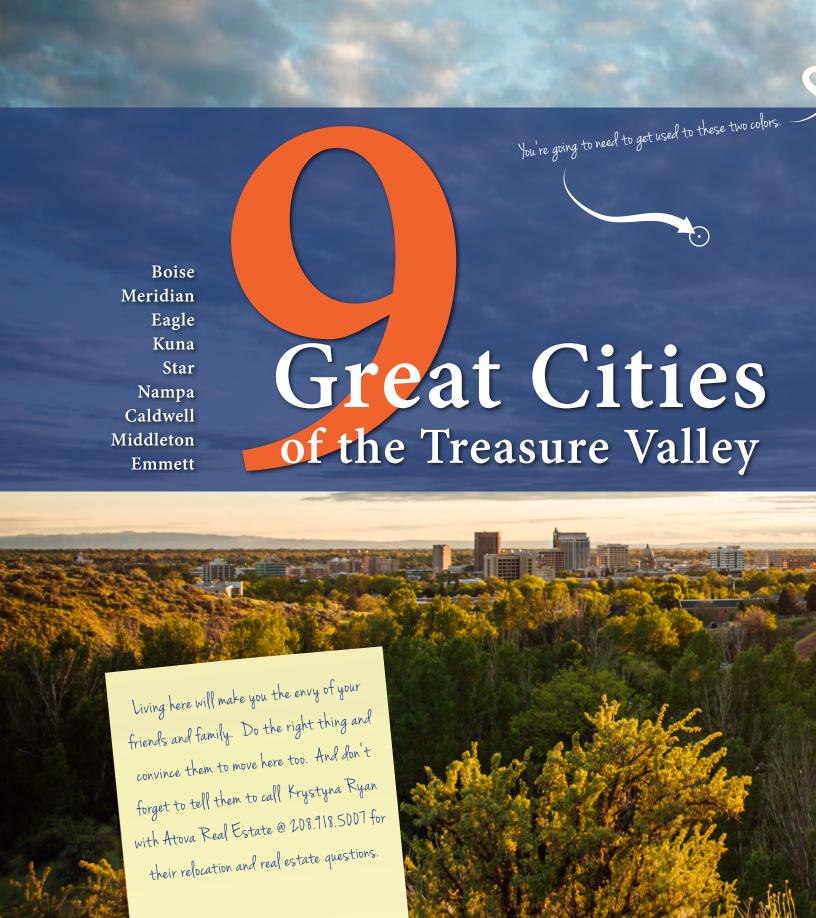
Average Low: 41°F

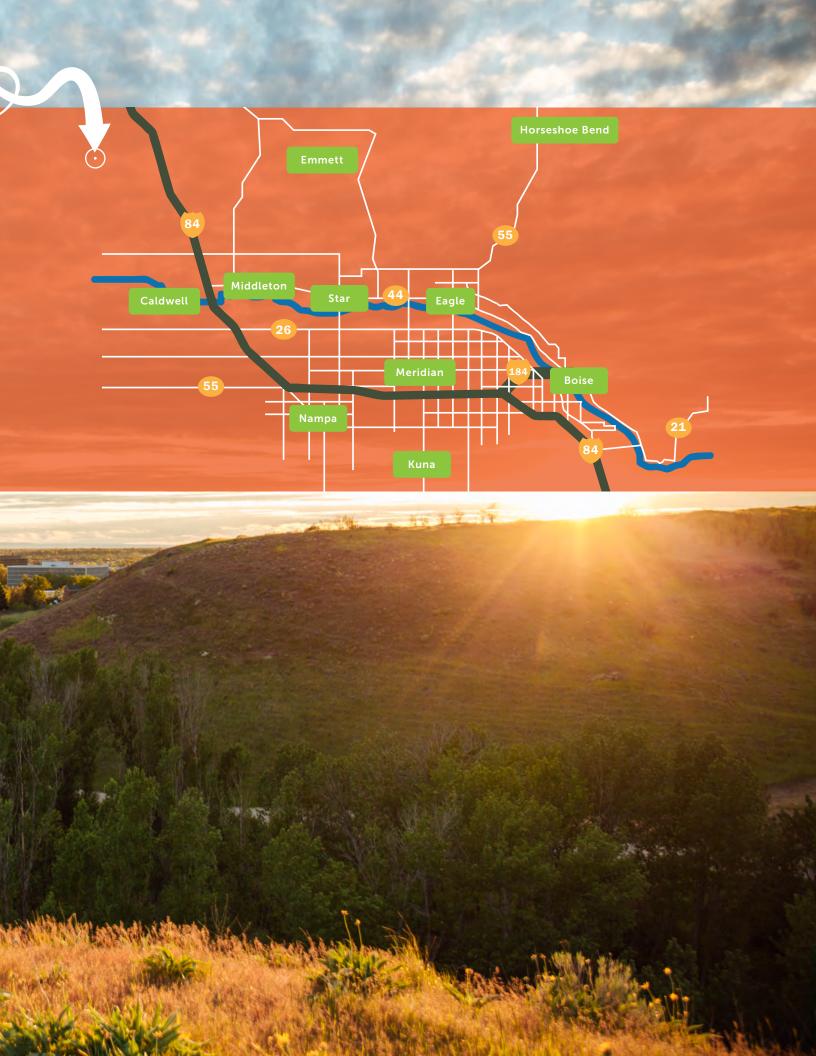
Seasonal Rainfall: 2.68"

You'll love the vibrant colors of a Treasure Valley fall. The local hills are packed with mountain bikers and hikers taking advantage of perfect cooler temperatures shared with abundant wildlife preparing for winter.

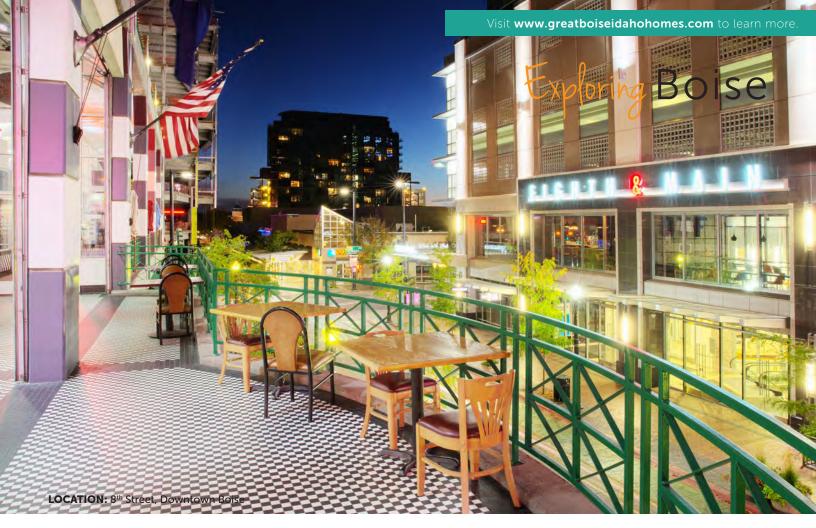












LAID-BACK & PICTURESQUE

BOISE, IDAHO - Where wilderness and adventure are only minutes from an energetic downtown with gourmet restaurants, funky local shops, and craft breweries galore. It's a city where a river runs through it, dirt trails are out your front door and live theater performances are an Uber ride away.

This thriving city is the state capital of Idaho with a population of over 226,570. Boise is the quintessential city in that it's large enough to have everything you could want or need at your fingertips, yet small enough to still be friendly

and easy to navigate.

Outdoor recreation is a way of life in Boise. The Boise foothills have over 140 miles of trails. literally out many residents back door. You'll find mountain bikers, trail runners, hikers, and lots of dogs out on these trails at any time of the year. The Greenbelt offers 25 miles of paved and dirt trails along the Boise River to run, ride, or stroll and hundreds of spots along the way to fish or play in the river. During the summer, floating the Boise River is a must and skiing is a huge part of the Boise winter with Bogus

Basin just 20 miles up the mountain.

Yes, as much as outdoor recreation is a way of life in Boise, so are the arts and music scenes. There are annual jazz and music festivals, the Idaho Shakespeare Festival and many other theater performances throughout the year. Home to the largest Basque community in the United States, there is a huge Basque festival, Jaialdi, held every five years – the next one in 2020. There's the Boise Philharmonic, Ballet Idaho, Performing Arts, and several museums.



And sports fan, don't fret! While Boise may not have a professional football team, there is the Boise State Broncos who are just as good as many of the professional teams, and the fans would agree! You won't get very far in this city without seeing someone or something adorned in the classic blue and orange colors of Boise State University. Another sports favorite is the Idaho Steelheads ice hockey team. With practice and home games played right in the heart of downtown Boise, you're sure to rub elbows with one of these professional players any day of the week.

Yes, if the outdoors isn't your cup of tea, you'll find plenty of other ways to fill your event calendar in Boise. It's no wonder it is one of the fastest growing cities in the nation.

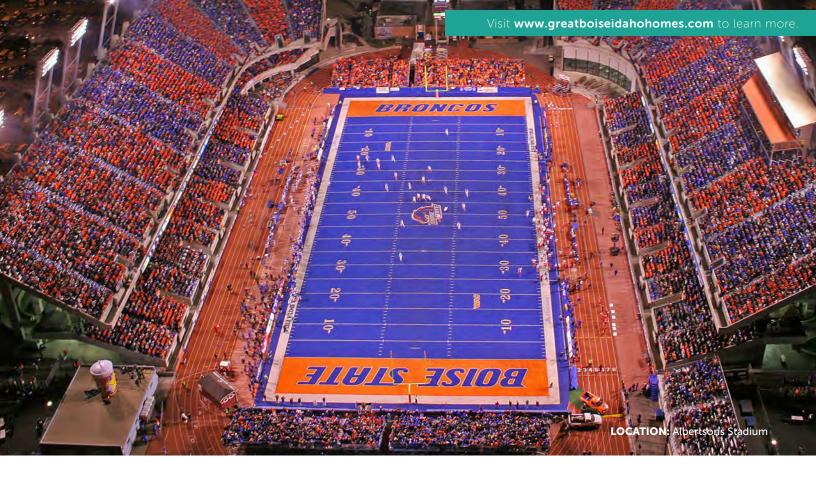
Like all major cities, Boise is composed of several distinct neighborhoods. Here is a synopsis of each community.

DOWNTOWN BOISE

Downtown Boise is the cultural center of the city and home to more than 100 shops, 80 restaurants and several microbreweries and nightlife venues. Downtown Boise is a vibrant livable community that is walkable and friendly. Community events such as the Saturday Farmer's Market, First Thursday, and Alive-After-Five outdoor concert series on the Grove bring large crowds to the area. The 8th Street Marketplace provides a lively pedestrian zone lined with boutiques, local restaurants, and bars. Downtown Boise's popular attractions include Julia Davis, Ann Morrison and Kathryn Albertson parks, the Idaho State Capitol, the classic Egyptian Theatre, the Boise Art Museum, and the Basque Block.

BOISE STATE UNIVERSITY

Just on the other side of the river from downtown is Boise State University, surrounded by residential neighborhoods and businesses



catering to the student population. The unique blue playing field at the 37,000-seat Albertsons Stadium on the BSU campus, home to the Boise State Broncos football team, is a major city landmark. The university campus is home to the Taco Bell Arena, which hosts a variety of concert and sporting events, as well as the Morrison Center, which hosts the Idaho Ballet, Broadway shows and many other cultural performances.

THE NORTH END

The North End is Boise's historic treasure and is comprised of many of the city's older homes and quiet neighborhoods near downtown. It's known for its tree-lined streets such as Harrison Boulevard and the Historic Hyde Park District with boutiques and popular eateries. Residents look forward to the Hyde Park Street Fair each year located at the locals favorite Camel's Back Park

NORTHWEST BOISE

The proximity to the foothills, the Greenbelt, and

downtown makes Northwest Boise a favorite among many locals. Tucked between the City of Eagle and Downtown Boise, it contains a mix of old and new neighborhoods with some areas of older homes that have a similar aesthetic to the North End. Amid its many conveniences, the beauty of the Boise Foothills running along the northern side is what makes this neighborhood great.

NORTHEAST BOISE

This is the part of Boise locals take friends and family when visiting. From the northeast corner of Downtown along Warm Springs Road sits historic grand mansions, the Old Idaho Penitentiary, Idaho Botanical Gardens and the Warm Springs Mesa. This area gets its name from the natural hot springs that flow from Boise's fault line and warm many of the homes in the area. It is one of Boise oldest, most expensive and sought-after neighborhoods with its good schools, popular restaurants and

direct access to Downtown. As you make your way further east, known as Boise's East End, newer communities like Harris Ranch in the Barber Valley are highly sought after. This master-planned community is amazing in growth, location, and stewardship. Once fully developed, Harris Ranch will include more than 2.800 homes with pedestrian access to trails, restaurants, shops and the Boise Foothills

BOISE BENCH

The Bench, as locals call it, offers some of the best view of Boise in that it sits about 60 feet higher than Downtown. It's generally an older residential neighborhood with a strong sense of community, oldschool culture and hipster vibe. The Bench gets its name from the sudden rise, giving the appearance of a step, or bench. It is home to the Boise Union Pacific Depot, offers easy access to the freeway and downtown, and overlooks beautiful Ann Morrison.

SOUTHEAST BOISE

Southeast Boise covers a large area from Boise State University to the very edge of the city at Micron Technology. Most of Southeast Boise was developed in the last thirty years with suburban-style homes, including one of Boise's most exclusive neighborhoods, River Run, offering riverfront properties. And a newer, growing





addition to this region is the popular Bown Crossing. This community is surrounded by unique neighborhoods with quaint homes. Offering some of the best restaurants in Boise, along with specialty shops, a new library and a vibrant community spirit, Bown Crossing has quickly gained attention of many families moving to the area.

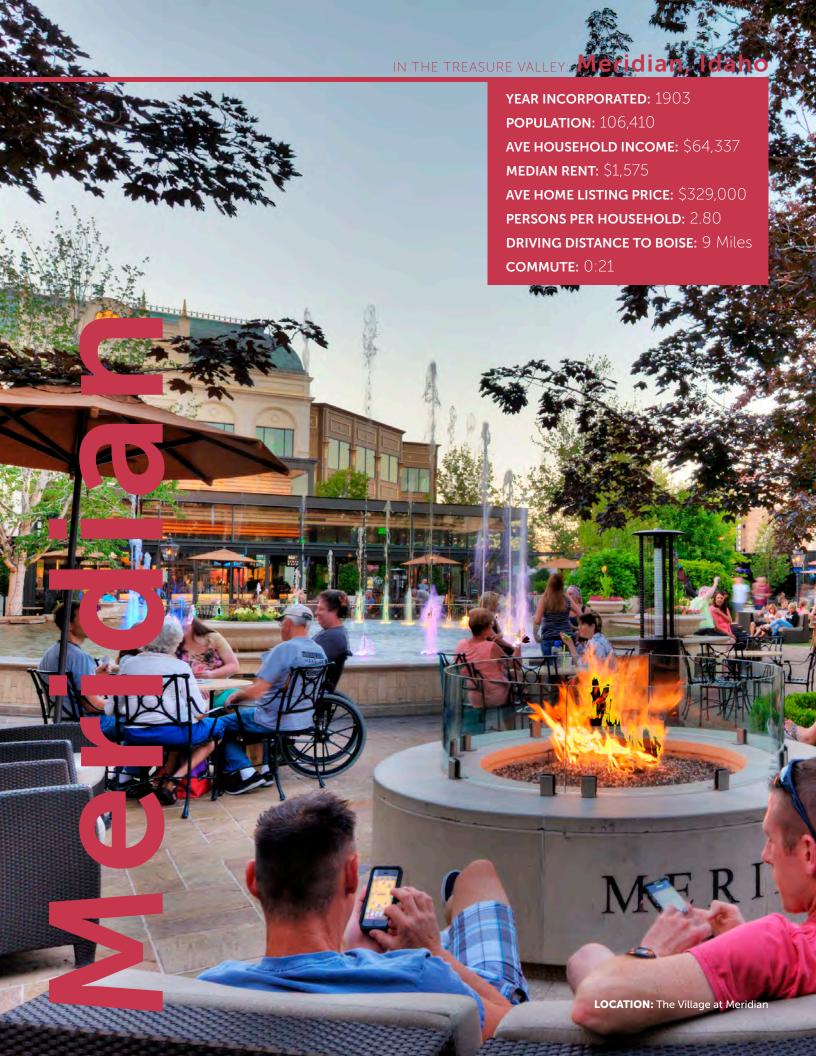
SOUTHWEST BOISE

What once was known for its sparsely populated neighborhoods and acre-sized plots, Southwest Boise is now a booming residential community with a suburban feel. The widespread growth of new homes and neighborhoods near Interstate 84, theaters, shopping, Costco, golf and the

airport has made this section of Boise a desired location among new comers and long-time residents alike.

WEST BOISE

West Boise is home to Boise Towne Square Mall, the largest in the state, as well as many restaurants, strip malls, and residential developments ranging from new subdivisions to apartment complexes. West Boise accounts for a large section of the city's residential population connecting Boise to the cities of Meridian and Eagle, Idaho. One of Boise's top employers, Hewlett Packard's printing division is also located here, employing more than 3,000 employees.





THE HEART OF THE TREASURE VALLEY

View Meridian Idaho on Google Maps and you'll see Meridian is smack dab in the center of the Treasure Valley. Bordered by its neighboring cities of Nampa, Caldwell, Middleton, Eagle, Kuna, and Boise, Meridian is the central location for family fun.

Meridian is just 15 miles west of Boise, the state capital and largest city in Idaho. It's just 10 miles east of Nampa, the third largest city in Idaho. And a stone's throw away from the other smaller cities in the Treasure Valley, making it an easy destination to come and go from just about anywhere in the Valley.

Meridian has seen a huge growth explosion of 81.5% since 2000, and 2018 census numbers show Meridian as the second largest and fastest growing city in Idaho with a population of just over 103,800. And with the city's detailed family-oriented infrastructure, the city planning, and business opportunities, it's no wonder why.

THE HEART OF MERIDIAN

Ask anyone on the street what they love about the City of Meridian and you'll hear a very consistent message, the people. Despite the rapid growth, residents of Meridian have a strong community spirit, they help one another, are



kind, friendly, and welcoming. There's a small-town, almost rural feel when downtown or at community events. Meridian is a place of belonging, safe, clean, and a great place to raise a family. It's a place where families ride their bikes to the local snow-cone shack and let their kids play at the park until dusk.

DESIGNED FOR LIVING

Visible from the freeway that shrieks excitement into the heart of every child (and kid-at-heart) as they drive by is Roaring Springs Water Park, chosen as one of Travel Channels Top U.S. Water Parks. Sitting right next door is Wahooz, offering year-round go-carts, bumper boats, miniature golf, batting cages, laser tag, bowling, an arcade event center and grill. The Meridian Speedway downtown is another popular summer attraction.

A family favorite place to visit is The Village at Meridian. This outdoor shopping mall features specialty retail stores, restaurants, an upscale movie theater with private seating, a fitness center, and an arcade/ bowling alley. It offers ample outdoor seating, a playground for the kids, and a beautiful fountain showcasing water displays every hour with lights and music. They even turn it into a festive outdoor ice rink in the winter.

Throughout the city are 19 public parks including Settlers Park, which hosts free outdoor movies and live music venues during the summer months. Many of the parks have fun splash pads or swimming pools to



cool off during the hot days of summer.

There is the Meridian Youth Farmers Market at the city hall plaza on Saturday mornings from the end of June through September. The market offers locally grown produce, homemade goodies, and handmade arts and crafts.

BUILT FOR BUSINESS

Meridian is booming with companies, organizations, and industries rapidly growing here. Careful planning and development between the City of Meridian and Idaho State University created Meridian's Medical Core. This has set in motion Meridian becoming one of the nations elite health and science industry hubs. Meridian is home to Blue Cross of Idaho, St. Luke's full-service acute care campus, ISU's Meridian Health Science Center and Idaho's first medical school, Idaho College of Osteopathic Medicine or ICOM, which started instruction on August of 2018. ICOM becoming part of

Meridian's Medical Core is exciting in that it will attract a wealth of new business industries, employ more than 90 senior instructors, and train physicians to care for people in a five-state region.

Along with the health and science industry boom, Meridian is the center of retail and commercial development as well. Hundreds of retail merchants, professional services, and recreation venues are seeing the value of doing business in Meridian. It's easy to attract good employees with its convenient access to 1-84 and Highway 55, the ease and proximity of the outdoors, low-cost of living, excellent schools, and beautiful neighborhoods.

Meridian is a thriving, growing community, centrally located in the Treasure Valley. It's easy to see why Meridian is the fastest growing city in the state of Idaho.





A CLASS ALL ITS OWN

The Treasure Valley is home to several fabulous cities that connect one to the other. But there is one that separates itself from all the others, Eagle, Idaho. Where most of the suburbs of Boise lie on the flat valley floor, Eagle is nestled up against the foothills. Some of the other cities water play is what the local parks or sub-divisions offer, where Eagle has the Boise River running through it and Eagle Island State Park to play in. Add to this the vibrant, quaint downtown, the many community events, and neighborhood spirit. Yes, Eagle is in a class by itself when it comes to recreation, character, and charm.

STYLISH SMALL-TOWN APPEAL

Tucked away in the corner of the Valley, up against the Boise foothills and along the Boise River, you'll find the charming town of Eagle.

There is a lot of history to the town of Eagle dating back to the 1860's. Several of the historic buildings you see in the downtown area are the originals from the early 1900's giving Eagle its allure and old-town feel. What was once belittled as the swamp area in the 70's is now home to some of the most expensive riverfront properties in Southwestern Idaho.

Eagle has come a long way since then growing from a town of just 350 when it was incorporated in 1971 to almost 30,000 today. Smart city planning has allowed for Eagle to maintain its character while catering to the needs of the growing population.

The biggest appeal for Eagle is the smalltown feel, especially in the historic downtown area. Old style street lights line the downtown



corridor, restaurants and specialty boutiques cater to the area along with some great places to meet up with friends for happy hour.

The older part of Eagle showcases mature treelined streets, homes on large lots and beautiful family friendly neighborhoods and parks. As Eagle continues to grow, more first-class dining establishments, housing developments, retail outlets, and healthcare facilities come giving residents even more reason to consider Eagle home.

RECREATION ABOUNDS

Whether your type of recreation is on two-

wheels or two-legs, in the foothills, on the golf course, or along the river, shopping downtown, or sipping wine, you'll find it within Eagle city limits.

Home to the Eagle Sports Complex and Bike Park, this massive 200-acre park is one of the largest in the country. It includes a BMX track, world-class mountain bike trails, a skate park, basketball courts, and an inline hockey rink. Two of Treasure Valleys established golf courses are in Eagle. Banbury Golf Course, rated in the top ten golf courses in Idaho by Golf Digest the past eight years, and Eagle Hills Golf Course. This 18-hole championship course is Eagle's



original golf course offering mature trees, rolling fairways and challenging water features against the backdrop of the Boise foothills.

Eagle Island State Park is its own recreational epicenter with zip-lines, a water slide, sandy beaches, horseback riding trails and more.

The beautifully well-maintained parks have some of the best splash pads in the Valley. And the community events will keep your social calendar full all year-long.

YES, A CLASS ALL ITS OWN

In addition to all that's been mentioned, quiet,

cozy Eagle is just an eight-mile drive to the hustle and bustle of downtown Boise. This makes for a night out on the town or shopping in the "big city" fun and easy to do.

The country setting, amazing people, great schools, safe family oriented neighborhoods, recreation, and many social events are some of the many reasons Eagle is one of the most desirable areas in the Boise area. And what truly sets it apart putting it in a class all its own.





WORLD OF POTENTIAL

Take a drive directly south of Meridian about 10 miles and you'll run straight into the growing town of Kuna. At first observation when crossing over into Kuna at the Entering Kuna sign, after the distraction of the Lineman College, are the number of farmlands in this area. Passing acres upon acres of corn as tall as your single level home, you would never guess Kuna is the fastest growing city in the Treasure Valley. A little further down the road, however, a very different story is unfolding.

Home builders saw the potential years ago and many are now building residential and luxury communities in Kuna, attracting a whole new demographic to the area. The big draw is low home prices and convenience. Home prices in Kuna are far less than in neighboring Meridian, yet Meridian is just an easy 10-15 minute drive away.

However, as the City of Kuna grows at a rapid pace, commercial businesses are coming just as quickly. Just in the past year several chain restaurants and fast food establishments have opened in Kuna. Grocery and retails stores have taken the place of agriculture lots. Gas stations and convenience stores seem to be popping up on every major corner. As these businesses continue to come, Kuna becomes more self-contained and residents will be able to find what they need in their own lovely community.

Although most people discover Kuna because of the lower home prices, once here they immediately fall in love with it. Despite the rapid growth, Kuna has a country setting and rural roots. The scenery is breathtaking which inspires families o get outdoors and walk the nature paths and explore neighborhood parks. Perhaps it's the ambiance of the area that invites folks to be friendlier here, holding the door open for others, looking people in the eye, and saying hello to strangers.

And because most of the developments are tucked-in and surrounded by farmland, there is a peace and quiet you get that you won't find in the larger cities.

SMALL-TOWN LIVING

The beauty of living in a small, growing town is that you are part of the old and the new. Experience the old-fashioned fun of a country carnival at Kuna Days held the second weekend in August. This two-day festival celebrates the history of Kuna. Taking place at Bernie Fisher Park in Downtown, this is an event the entire town shows up for. There are vendors of every kind, selling crafts and painting faces. There is a food-truck alley and a beer garden. Games and rides. Musicians and performers. Free bounce houses for the kids. A parade.



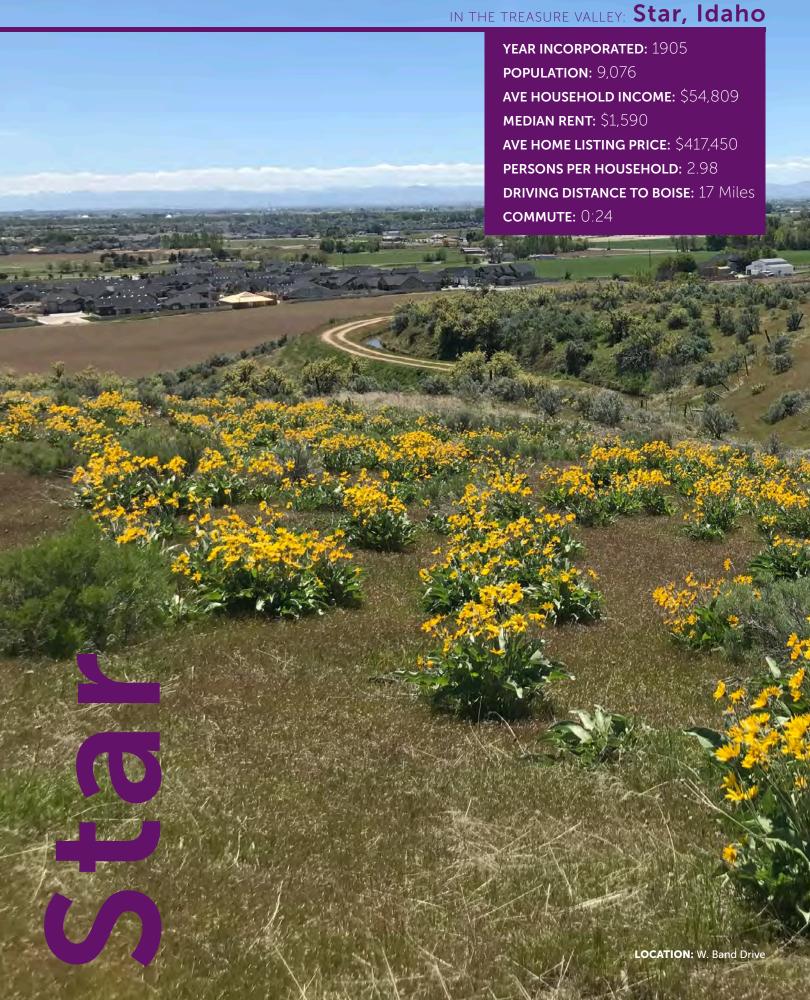
And the festivities close each night with a spectacular fireworks display.

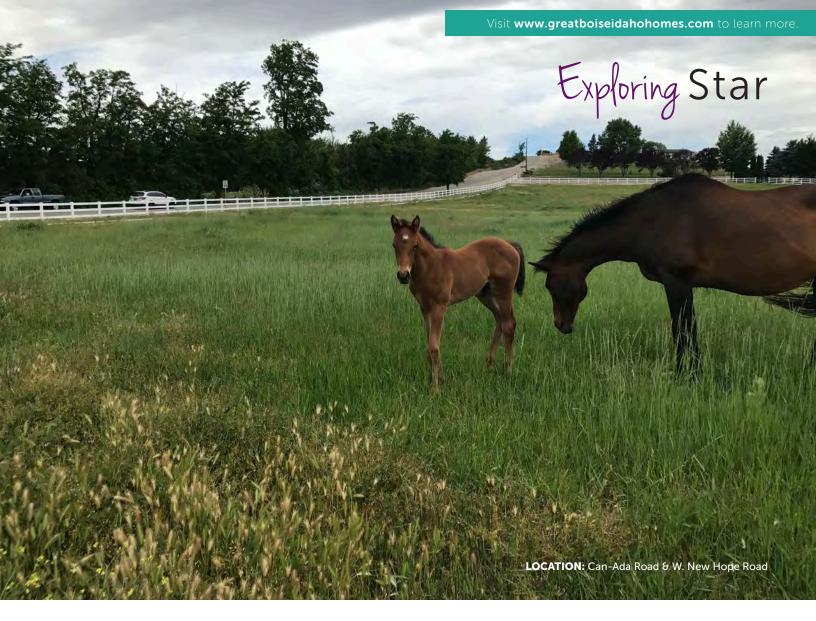
Residents come out in droves and stand shoulder-to-shoulder, embracing the cold to enjoy the Down Home Country Christmas parade on Main Street. Floats are lit-up in holiday glow, throwing candy to kids and blasting Christmas music as they pass by. The event concludes at Bernie Fisher Park where residents count down to the city's lighting of the Christmas tree.

And revitalization is taking place in Kuna's Downtown area. City officials want to make Downtown a destination for locals and visitors. New street lamps and sidewalks have already been upgraded. The new KUNA! structure on Avenue E is part of the revitalization project and

they are looking to add more art projects in the second phase bringing that hometown feel to downtown. As businesses on Main Street upgrade their exterior, along with community parades, the mom-and-pop shops, unique restaurants and nightlife, people will want to visit and hang-out in Downtown Kuna.

And we would be remiss if we didn't mention the river float on Indian Creek. This is the best local secret in the Treasure Valley. Forget the long pump lines and crowds on the Boise River. Grab your tube and some friends and hop in the Indian Creek at Strobel Road for a great 45-minute float down this fun, fast flowing river. Don't let the word "creek" fool you. While there are sections of a relaxing float, there are also few rapids that will get the adrenaline going.





BEAUTIFUL OPEN SPACE

Beautiful open spaces, new subdivisions, and equestrian properties dot the Star landscape. Located between Eagle and Middleton, Star delivers the perfect combination of nearby opulence with rural sensibility. Some have referred to Star as the next Eagle with plenty of undeveloped land, active agriculture, and rolling hills – it very much is reminiscent of Eagle just a few decades ago.

About 15 years ago, Star was pretty much isolated from the surrounding cities. If you lived in Star, you lived "out in the country". Today, Star is much more centrally located. With several

new subdivisions created since then, the county extended Hwy 16, connecting Star to Meridian. Now this beautiful country rural area is more accessible and centrally located.

Star is still small with just over 9,000 people. The Star Mercantile, which opened in 1919, is the closest store and offers everything from lumber to milk. There are a couple of restaurants and a few small businesses in town and a Bi-Mart recently opened which was big news. Otherwise, it's anywhere from a 15 to 40-minute drive to just about anywhere in the Valley. Downtown Boise is just over 30 minutes away,





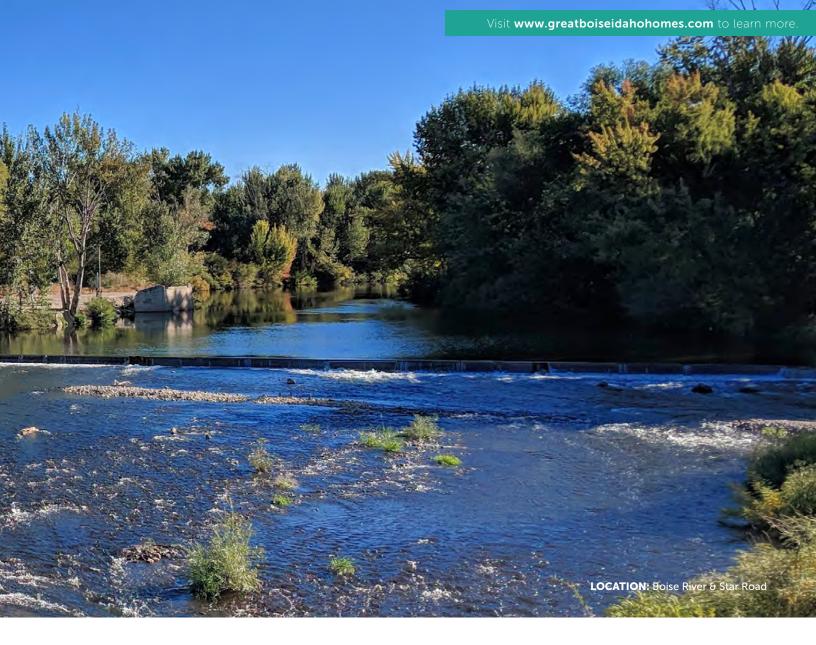
and it's only 15 minutes to Costco in Nampa or 20 minutes to WinCo in Eagle.

PERFECT PLACE TO PLANT YOUR ROOTS

Star's friendly hometown atmosphere and country setting is the ideal place to live and raise a family. The strong community participation and events excites new residents to get involved. Star's River Walk Park is a secret gem only the locals know about and is still quiet and pristine. Locally owned restaurants like Sully's and Star Country Café make you feel welcomed and part of the family.

It's fun to shop the quirky stores along State Street. You'll find kids big and small at the local skate park. There are outdoor summer movies in the park. Because of Star's size, crime is almost non-existent, and you feel safe our running or walking your dog. And there's a good chance of running into the Mayor while pumping gas at the local gas station.

Yes, Star is everything you'd want in a country setting and more. Star delivers an authentic small-town life with friendly neighbors, traditional festivals, and the absolute best 4th of July fireworks show in the Valley!



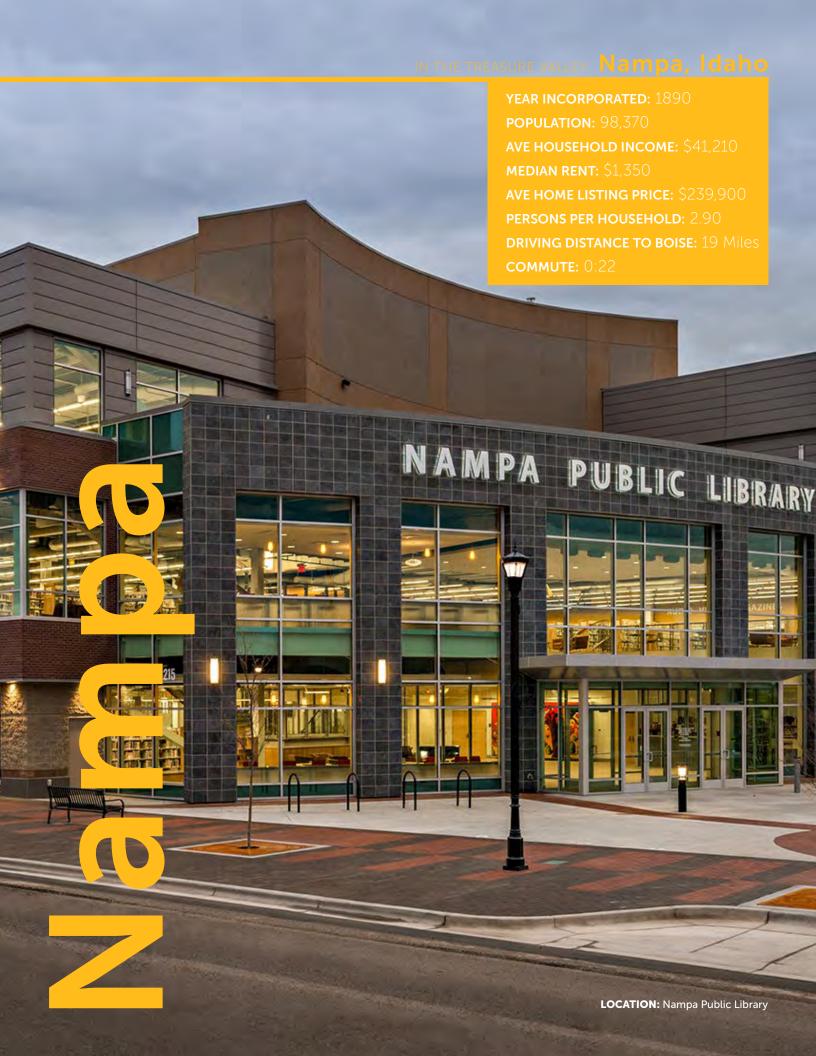
BRIGHTEST JEWEL IN THE GEM STATE

Real estate agents and locals alike are saying to keep an eye on Star. It's a growing community with several great subdivisions being built. As these communities grow, more businesses will open, and schools will be added.

Housing prices are low compared to Boise, more in line with Meridian prices. Many homes offer stunning views of the surrounding mountain ranges. Squaw Butte is to the north, Boise Foothills to the east, and the Owyhee Mountain range to the south.

There is also the advantage of the Rural Development Loan in this area. Basically, this USDA Home Loan finances 100% of the purchase price with no down payment. That's huge! Sure, there are a lot of steps to go through and not everyone qualifies, but the fact that it's available is amazing.

If a quiet country setting is what you're desiring with all the homegrown goodness of a small-town, then Star is where you'll want to plant your roots and call home.





NAMPA PROUD

There is a reason the city came up with this slogan and why the community voted in favor of it. The people of Nampa are very proud of their small town. Although the third largest city in the state of Idaho, the laid-back pace and friendliness of the residence helps it keep its small-town feel. And Nampa has a lot that it is proud of.

RAILROAD

Let's first start with their history. Nampa began

its life in the early 1880s when the Oregon Short Line Railroad built a line from Granger, Wyoming, to Huntington, Oregon, which passed through Nampa. As the Oregon Short Line railroad originally bypassed Boise, Nampa had the fanciest railroad depot in the area.

This brings us to the Nampa Train Depot Museum. This grand historic building sits in the center of Downtown Nampa. Saved by a group of citizens in 1972 from demolition, the



Nampa Train Depot Museum features exhibits on Nampa railroad history, antiques, souvenirs and more

DOWNTOWN

Downtown is another source of pride for residents and business owners alike. Anchored by the new Library Square and home to the beautiful new Nampa Library you can walk to the Nampa Train Depot Museum, the Nampa Farmers Market, art galleries, consignment and retail boutiques, and little hip restaurants. Places like the Flying M, Messenger Pizza, Brick 29 Bistro, Stella's Ice Cream, Boise Fry Company, and Crescent Brewery to name a few.

LAKE LOWELL

Just about everyone in Nampa is proud of their local Lake Lowell. Located in South Nampa, this 9,000-acre reservoir is a recreation lovers paradise. This irrigation storage reservoir constructed by the United States Bureau of Reclamation in the early 1900's is surrounded by the Deer Flat National Wildlife Refuge, which

was established in 1909 by President Theodore Roosevelt. If bird watching is your thing, this is the place. During the summer enjoy picnicking, water skiing, wakeboarding and all the fun one can have on the lake. And in the fall hunters are on the watch for waterfowl.

ACTIVITIES

For a town this size, it has a lot to offer. The Warhawk Air Museum is a place that preserves military aviation history and attracts over 25,000 visitors a year. The Ford Idaho Center hosts world-class musicians in their outdoor amphitheater; events and productions in the Idaho Arena, and horse shows and rodeo's like the Snake River Stampede, one of the nation's top 10 regular season professional rodeos, at the Idaho Center Horse Park. If golfing is more your game, Nampa has three beautiful golf courses within its city limits. The Nampa Rec Center is a great place for families. This immense facility has 5 indoor pools, cardio and weight rooms, indoor and outdoor tracks, racquetball, rock climbing, preschool and kids' camps, senior activities and



a host of other events throughout the year. And the Nampa Civic Center is home to the Performing Arts Center in Nampa.

EDUCATION

Residents are also proud of the schools in the friendly town of Nampa. Offering public and private schools from early childhood and up, the teachers here resemble the town they live in. Hard-working, honest, caring people making sure your child gets the best education possible. And Nampa boasts three great colleges – Northwest Nazarene University, one of the top Christian universities in the Northwest, College of Western Idaho, and Stevens-Henegar College – Nampa campus.

QUALITY OF LIFE

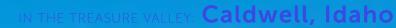
As great as Nampa is with all its amenities, it wouldn't be much without the people who live and work here. We're talking real salt-of-the-earth type folks. They work hard, are hospitable, and supportive. It's a diverse culture of agriculture to service professionals, retail to

start-ups. It's an easier lifestyle with almost no commute time if you work in the city. Cost of living is lower, crime is low, housing is much more affordable than other areas in the Valley. There are many parks and trails to explore and the proximity to everything around the Valley is easy to get to.

GROWING

Nampa's friendly business climate, low unemployment rate, and low-cost of doing business are attracting many new companies to expand or open here. Treasure Valley Marketplace and Treasure Valley Crossing are retail magnets with anchor stores like Target and Dicks Sporting Good along with Costco.

Nampa has added two new full-service hospitals to the area – 87-bed St. Luke's Hospital off Midland Boulevard and 100-bed Saint Alphonsus off I-84 replacing the older hospital on 12th Avenue Road. And rumor has it, Amazon is planning a huge distribution facility in Nampa that could employ up to 3,000 people.







THE TREASURE OF THE VALLEY

You know those movies you love, of the small country town where there's a community event, it's dusk, strings of lights are strung overhead, the band is playing, and everyone knows everyone. Gals wearing dresses and cowboy boots sipping wine laughing with friends. Guys swinging their gals on the dance floor while Grandma's playing with her granddaughter on the side. Welcome to Caldwell, Idaho.

Life in Caldwell is a little simpler. Here you see a lot of rolling farmland, big tractors, and friendly folks. Here "farm-to-table" is as common as drinking a glass of water and shopping at the local farmers market is busier than the grocery store. Here is a growing community with a revitalized downtown and many community events throughout the year. It is a great little town of just over 50,000 people with enough room for

residents to spread out and enjoy their surroundings.

WHAT'S YOUR PLEASURE

As you would guess, rodeo's and county fairs are a pretty big deal in this little section of the Valley. The Caldwell Night Rodeo, or CNR as its known to most, is Idaho's #1 large outdoor rodeo. It is the largest and longest running annual event in Canyon County drawing more than 45,000



engaging fans to this 5-night extravaganza.

The Canyon County Fair is the biggest summer attraction in Canyon County drawing more than 50,000 fair-goers over this four-day event. This super down-home country fair is fun, and affordable, for the family. Top country acts perform each night and attending is free with paid gate admission which was just \$5 last year. And what fair wouldn't be complete without farm animals, hair-raising carnival rides, and sticky cotton candy.

What is surprising to many is the number of wineries in the region. Yes, oenophile's (that is a connoisseur of wines) are learning about the excellent wineries in Caldwell's Snake River Valley, booking their Airbnb's, and taking to

the wine trail. Idaho now has 51 wineries, and about 15 are within Caldwell's vicinity. The rich soil found in the Snake River Valley along with Idaho's cold winters and hot dry summers is an excellent climate to grow grapes.

Golf is also a big deal in Caldwell with two great golf courses. Purple Sage Golf Course is one of the Valley's most affordable and excellent shape 18-hole municipal golf course. And the 9-hole Fairview Municipal Golf Course has character and charm that reflects the city that surrounds it.

The Indian Creek Festival is a favorite local event for the residents of Caldwell. Taking place along, and in, Indian Creek in Downtown Caldwell, this two-day event is full of family fun, including the popular cardboard kayak races.



Yes, kayaks made of cardboard take to this fastflowing creek and even overcome some rapid whitewater. Something that is definitely worth coming out for and cheering on the participants.

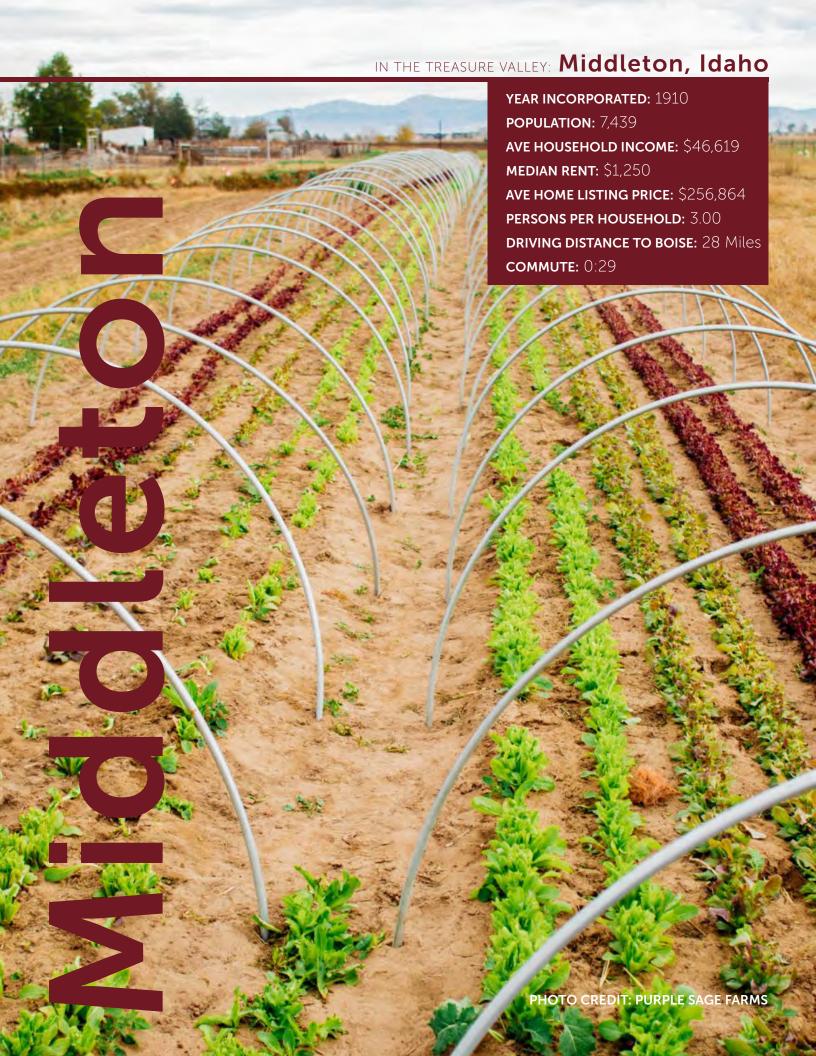
Downtown Caldwell's revitalization of Indian Creek Plaza has brought new life and vigor to this quiet town. The Plaza offers an outdoor venue and hosts wine and art festivals, music events and more. A new 11-screen movie theater recently opened, trendy new restaurants and retail boutiques are popping up. And in the winter, this place turns into a magical festival of lights and now offers outdoor ice skating on the all-new ice ribbon.

WHAT THE LOCALS LOVE

Residents that live in Caldwell love that their city

is not that big which keeps it very friendly and community minded. Although a smaller city, Boise is just 25 miles down the freeway making it an easy drive into the big city. The many parks, splash pads and farmer's market rank right up there. They're excited about all the renovation being done downtown. And we'd be remiss if we didn't mention the pride of Caldwell, Idaho's first private college, The College of Idaho, founded in 1891 residing in the historic district of Caldwell.

Caldwell is the perfect mix of old and new. Where overalls and cowboy boots mix with designer jeans and high-heels. Where farm-to-table happens in Grandma's kitchen or at the latest new restaurant downtown. Yes, this treasure of the Valley is an exciting place to live right now.





LIFE IS BETTER HERE

Middleton is a true Idaho small town. Only 40-minutes removed from the hustle and bustle of downtown Boise. If we didn't tell you Boise was so close you might not believe it. Middleton has a small-town culture where horses and farmland are the norm and getting directions to the best old fashion ice cream shake seems like a natural conversation. (It's the Burger Den on Main if you were wondering.)

People choose Middleton for its charm and inexpensive property. Because the cost of land in Middleton is about half of what you find in neighboring cities, buying acreage is affordable. Many older homes in Middleton come with land, barns, and outbuilding. Or purchasing acreage and building your dream home can easily become reality here. And while the town hasn't escaped the urban growth the Treasure Valley has seen through the years, it remains a small

town of over 7,000 residents retaining its rural feel and down-home hospitality.

FAMILY MATTERS

Family is a big deal in Middleton which is why the school district is one of the best in the Valley. The student-to-teacher ratio is small giving kids one-on-one attention typically only provided in a more expensive private school education.

Showing their commitment to the future of Middleton and its kids, the city built a new high school that is one of the most elite in the state of Idaho in technology and safety and has room for growth. Five times larger than the previous high school, the capacity will hold up to 1600 students and purposely built with extra unused classrooms to grow into. They also greatly expanded the athletic facilities to include a



3,000-seat gym, tennis courts, and a 4,000-seat football stadium complete with artificial turf. The parks in this rural community rival those of larger neighboring cities. This town is so committed to family recreation there are two parks departments – the City of Middleton Parks and Pathways Department and the Greater Middleton Parks and Recreation Department.

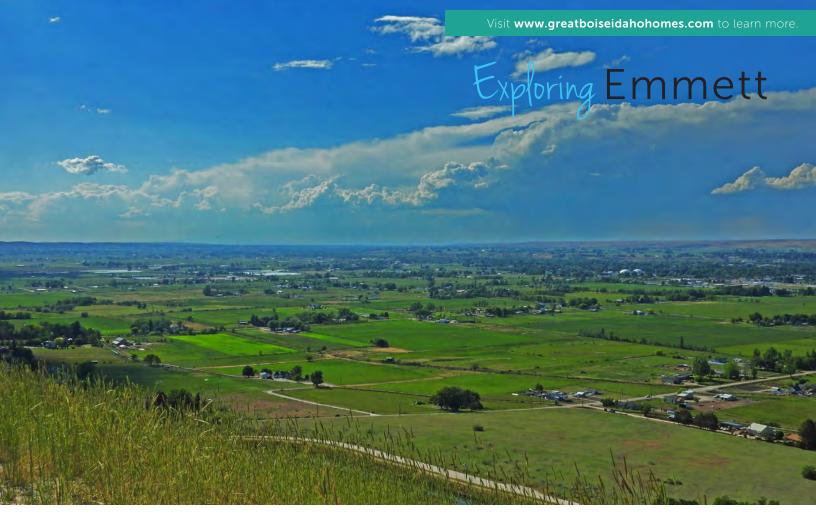
The City owns four beautiful parks in this small town. Piccadilly Park, across the street from Middleton Middle School, is the big one. It hosts a farmer's market on Thursday evenings throughout the summer, offers an interactive splash pad, and has a new progressive Grindline Park attracting locals and visitors to this topof-the-line skatepark. Future plans include a zip line, outdoor workout stations, and amphitheater.

Greater Middleton Parks and Recreation
Department is dedicated to developing and preserving open space in this beautiful country town. They have three lovely parks for the community to enjoy and offer free movies at Foote Park throughout the summer. They also acquired and renovated an old elementary school gym and converted it into the Middleton Community Center. Here residents enjoy community plays and can play a game of pickleball, basketball or volleyball. It's become a daily gathering spot for seniors and retiree's and the Community Center offers an afterschool rec room for middle and high school kids.

Yes, Middleton may be the smallest of the cities in the Treasure Valley area, but it's big on heart, family, and community. And that is just how the locals want to keep it.







LIVING IN EMMETT

Just over the foothills north of the Treasure Valley lies beautiful Emmett, Idaho. At the base of Squaw Butte with the Payette River flowing through it, Emmett has abundant recreational opportunities year-round and yet is a throwback to simpler times. It is an unabashedly small town with everything you need tucked within the valley. There are good restaurants, a great hospital, good schools and most of all, friendly people.

Living in Emmett allows your children the freedom of walking and biking to schools and parks. It is a safe and ideal place for raising kids. It's a community that unites, helping neighbors by coming together, and building each other up, from businesses to people.

It's a small town of almost 7,000 that feels

isolated being tucked away in its own valley yet is only a 30-minute drive into Eagle and the bigger cities. Emmett is the perfect place for those that truly appreciate the quiet small-town living.

There is tremendous hometown pride in Emmett from their small-town high-school football games to the annual Emmett Cherry Festival that brings over 50,000 visitors to this part of the valley during the four-day event.

RECREATION & SCENERY

There really is nowhere in the Treasure Valley that has the rugged beauty that surrounds Emmett. The breathtaking scenery you see as you descend into the Emmett Valley on Highway 16 is amazing.

The Payette River brings abounding recreation

opportunities from fishing to white water rafting, favorite swim holes, and hidden picnic areas. There are tons of places to enjoy camping along a clean mountain air river with forested banks. Surrounded by the Payette River is the very beautiful 57-acre Gem Island Sports Complex, a regular hangout for families. There are many play areas including eight baseball fields, soccer fields, a skate park, basketball and volleyball courts, an amphitheater and a stocked fishing pond. There is also a paved walking path along the river around the complex. It's a great place to pack a cooler, the kid's scooters, fishing poles, and spend a day with the little ones.

The Little Gem Cycle Park just east of Emmet off Highway 16 is one of the largest off-road vehicle parks in the west. Explore over 2000 acres of varied terrain with hills, ridges, and sandy areas. And Black Canyon Reservoir is a favorite spot for boating and fishing.

Along with many outdoor recreation opportunities, Emmett also hosts a variety of community events. The big one is the annual Cherry Festival, but residents also take delight in the Gem County Fair & Rodeo, Cruise Night and the Farmers Market.

Blessed with the grandeur of nature, combined with the friendly hometown spirit of its neighborhoods, Emmett is an amazing place that residents love to call home.









BASINS to call & home



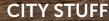
IDAHO IS SAFE

Idaho has the 8th lowest property crime rate in the nation and the 6th lowest violent crime rate in the nation; overall the state is ranked 5th lowest crime in the nation.



NATURE IS EVERYWHERE

An amazing campsite is always no more than 30-minutes away, fishing 15-minutes away, off-road trails 20-minutes away, open spaces 10-minutes... You get the picture.



Shopping, Theatre, Live Music, Sporting Events, Dining, Microbrew Beer, Wine Tasting... Boise and the Valley has everything you could possibly want and/or need from city living without long lines, bad traffic, or rude people.



MORE FAMILY TIME

Less time commuting, less crime, and more open spaces is the perfect combination to deliver high-quality time with the family doing a wide range of activities.



FOUR BEAUTIFUL SEASONS

We have four distinct and beautiful seasons. We have lake recreation season, camping season, mountain biking season, and ski season. Depending on your interests the names might be a little different.

LAND OF OPPORTUNITY

Idaho loves business. You'll find a land of opportunity here, from incentives to cooperative resources made available by other local leading companies.





TOP-NOTCH HIGHER EDUCATION

Idaho boasts a number of top ranking colleges and universities that compete at the highest levels in their dedicated fields of study. In Idaho, you get the best of looks and brains.



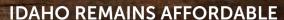
Liberty may mean something different to each individual. We're confident if Thomas Jefferson was alive today he would choose to live in Idaho.





CAREER OPPORTUNITIES

Idaho is super business friendly both from a regulative and talent standpoint. Unemployment remains low boosting opportunities for both new residents and recent grads.



Everything is going right for Idaho. Cities are well managed, fresh opportunities abound, and real estate prices remain very attractive.







CAMPING

One of the finest ways to appreciate the natural beauty of Idaho is next to the crackling sound of a campfire. Yes, that's right, camping.

There is just something different about camping in Idaho. Perhaps it's the lack of crowds, the lack of competition for the best spots, or the fact that so much of the state remains wild and seemingly natural. Whatever it is about Idaho, you'll discover hundreds of campsites near managed facilities, a near infinite number of choices for those of us willing to camp away from facilities, and yes, there are also a number of places for RVs and Cabin rentals.

Our favorite family camping destinations are outside of McCall and Stanley.



FISHING

People in the Treasure Valley love their fishing! You'll find stocked fishing ponds within city limits and with the Boise river nearby you have few excuses for not getting your hook wet. If you're looking to get away from the sounds of the city you won't have to travel far to find yourself in one of several nearby lakes or more remote rivers. Fishing around here is so easy you'll have a lifetime of fishing tales to share with your out-of-state friends in no time at all.



HUNTING

Hunting in Idaho runs the spectrum from plentiful upland game to highly coveted trophy species. Seasons in Idaho are generally structured to provide a wide variety of hunting experiences with a strong emphasis on opportunity. Be sure to check in with Idaho Fish & Game for season dates, licensing, and other important information regarding hunting and fishing rules.



WHITEWATER RAFTING

Some claim the Boise area gets a little warm in the summer, but really, the weather reaches the perfect temperature to set the stage for a little whitewater adventure on the Payette River.

Just a short drive past Eagle along scenic route-55, you'll quickly find yourself driving next to the Payette River. The river provides varying levels of challenging whitewater up to class III. The river offers both challenge and abundant relaxation.

Explore the several rafting adventure companies in the area where you can reserve trips lasting a couple hours to several days. For those of you a bit more experienced in whitewater kayaking or raftng, you'll find many points along the river to park and put in/out.



MOUNTAIN BIKING

You don't need to travel far to find a great mountain biking adventure. In fact, regardless of where you find yourself traveling on any given weekend, you might want to bring your mountain bike. The entire state is basically a gigantic mountain biking playground.

In and around Boise you'll find a trail that pretty much matches all skill levels, distances, and challenges. One point of commonality presented on nearly every trail is compacted dirt creating rides that are smooth and fast. While a majority of the short trails are located in the open country of the foothills the longer rides present a good mix of trees in the upper country opening up to fast stretches with vast views of the valley.

If you're looking for a fun and fast loop head up to Bogus Basin for the Around the Mountain loop. Ride it counterclockwise and know this is a popular trail so keep an eye out for other trail users. This singletrack trail presents some amazing views, when you get a chance YouTube this trail! This trail is best ridden in mid-summer into early fall, any other time and you might run into ice/snow.

For a convenient ride from downtown Boise consider Sidewinder to Freestone, it'll take no longer than 3 hours and features fun singletrack that winds through the middle foothills with vast stretches of amazing views and comfortably (i.e. easy to track, good sightlines, and forgiving turns) fast downhills.

Of course, if you've got an entire morning to ride (5 - 6 hours), look no further than The Big Potato. For one, this trail name is just fun to say. Yet, past the name is 41 miles that includes about 6,500 feet of climbing. Let that sink in for a moment, 6,500 feet of climbing. After all the climbing, you'll find yourself on Around the Mountain and enjoying views matched only by the pleasure of an awesome descent.



The Treasure Valley loves family



AQUARIUM OF BOISE

A fun 10,000 square foot facility maintaining over 35,000 gallons of saltwater with over 250 species of animals and marine life gives children a look at life underwater. People enjoy seeing the Black Tip Reef Shark, Bay Rays, Stingrays, various other shark species, and of course, their Mappa Pufferfish named "Letterman". They also have an Amazon Exhibit, a collection of freshwater fish from South America including Cichlids, Plecostomus, Peacock Bass, and Red-Tailed Catfish

Visit www.aquariumboise.net



IDAHO BOTANICAL GARDEN

The Idaho Botanical Garden is as unique as it is beautiful. Situated along the Boise Foothills on 15-acres it is adjacent to the Old Penitentiary Historic District which provides a backdrop to the splashes of color abundant throughout the Garden. It has become a popular year-round outdoor destination hosting a number of private and public special events – many favorites include Garden Cinema, Bug Day, Fall Harvest Festival, and of course, their Winter Garden aGlow

Visit www.idahobotanicalgarden.org



ZOO BOISE

Zoo Boise connects visitors with animals to inspire and involve the local community in the conservation of wildlife worldwide.

Zoo program activities include up-close animal encounters, zoo tours, nature walks, ecology games and simulations, science-based investigations & explorations, zookeeper presentations and some interesting Zoo Boise history.

Visit www.zooboise.org





ROARING SPRINGS

Roaring Springs Water Park is a great way to spend a hot summer Boise day. Roaring Springs is the Northwest's largest waterpark and features attractions for every member of the family, including a wave pool, float river, two-family raft ride, bowl slide, racing slide, tube slides, kiddie play area, and a 6-story speed slide. Roaring Springs also has four restaurants and a gift shop.

Roaring Springs was rated the 8th Best Waterpark in the US!



BOGUS BASIN MOUNTAIN

In the winter Bogus Basin is open for full winter operation. Typically the season runs early December through mid-April. Early and late season hours can change, so please check the Conditions & Webcams.

During the non-winter season, Bogus Basin is open for outdoor recreation. The base area is home to several activities, such as rock climbing, bungee trampoline, summer tubing, mountain biking, and hiking.



THE WORLD CENTER FOR BIRDS OF PREY

Explore the amazing world of raptors eye to eye! The Velma Morrison Interpretive Center is The Peregrine Fund's one-of-a-kind indoor/outdoor education center where you'll meet eagles, owls, vultures, hawks, and falcons from around the world.

They present live raptor presentations throughout the day. While the Discovery Room engages young visitors with hands-on eggs, feathers, puzzles, and costumes.

Wild raptors are visible from a 1/4-mile trail winding through restored habitat areas to overlook Boise

Condor Cliffs, a Grand Canyon-inspired habitat for California Condors. The world's largest captive flock is housed in nearby breeding chambers to raise young for release to the wild. Indoor exhibits show raptor adaptations, diet, migration, and breeding. Find out why birds of prey are threatened, and how The Peregrine Fund saves species from extinction.

Educational tours can be scheduled for schools or groups of 15 or more people.

An educational tour includes a visit to all of our exhibits in the Biology/Ecology Wing, the Conservation Wing, the Discovery Room, as well as an introduction to our resident education birds, perfect for those who want to see a little bit of everything. A tour lasts approximately 90 minutes (one hour for kindergarten) and is specially tailored to each group.

Visit www.peregrinefund.org for more information.



ESTHER SIMPLOT PARK

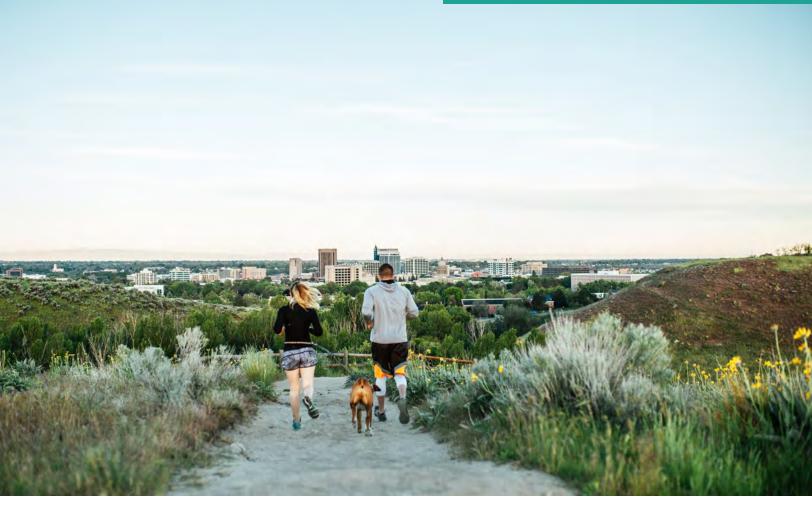
Esther Simplot Park, an expansive 55-acre site encompassing approximately 23 acres of ponds suitable for fishing, wading and swimming. It's an amazing destination during the summer months when you want to let the kids play on a sandy beach or bring your water toys and enjoy a relaxing paddle. Be sure to bring a canopy for a bit of shade.

Park features include trails, docks, wetlands, boardwalks, shelters, grassy open areas, a playground, bridges and restrooms. It is located along the Boise River Greenbelt.

Pets are not permitted except service animals. They do this to try and keep the beaches (and water) clear of animal waste although in the early mornings you can always see people

walking their dogs to or from the Boise River Greenbelt.





HULLS GULCH RESERVE

Hulls Gulch Reserve is a 292-acre site north of downtown Boise at the base of the foothills.



The reserve is home to two trailheads (The Grove and Lower Hulls Gulch) that are the starting point for some of the 180 miles of Ridge to Rivers trails in the foothills. Hikers, mountain bikers, dog walkers, runners, and horseback riders enjoy the trails in this area. Be sure to pay attention as some of the trails are designated for pedestrians or mountain bikers or both.

While dogs are permitted on these trails you'll need to keep them on a leash within some parts of the trail.

Common wildlife seen throughout the year in Hulls Gulch includes great horned owls, kestrel, coyotes, mule deer, red fox, and species of snakes and lizards.

You'll be pleased with all the educational options available to your children. The Treasure Valley has a wide variety of public, private, and homeschooling options available allowing you to choose what is best for you and your children.

Once you arrive, you'll want to contact the school district nearest your home regarding enrollment requirements and start date.



BOISE SCHOOL DISTRICT





(208) 854 - 4000

www.boiseschools.org

BY THE NUMBERS 34 Elementary Schools

8 Junior High Schools

5 High Schools

WEST ADA SCHOOL DISTRICT



1303 East Central Dr., Meridian, ID 83642

(208) 855 - 4500

www.westada.org

32 Elementary Schools

10 Junior High Schools

9 High Schools

BY THE NUMBERS

NAMPA SCHOOL DISTRICT



619 South Canyon, Nampa, ID 83686

(208) 465 - 2700

www.nsd131.org

14 Elementary Schools

3 Junior High Schools

3 High Schools

CALDWELL SCHOOL DISTRICT



1101 E Caldwell Blvd., Caldwell, ID 83605

(208) 455 - 3300

www.caldwellschools.org

6 Elementary Schools

2 Junior High Schools

2 High Schools

VALLIVUE SCHOOL DISTRICT



5207 S. Montana, Caldwell, ID 83607

(208) 454 - 0445

www.vallivue.org

7 Elementary Schools

3 Junior High Schools

3 High Schools

MIDDLETON SCHOOL DISTRICT



5 South Viking Ave., Middleton, ID 83644

(208) 585 - 3027

www.msd134.org

3 Elementary Schools

1 Junior High Schools

1 High School

KUNA SCHOOL DISTRICT



1450 Boise Street, Kuna, ID 83634

(208) 922 - 1000

www.kunaschools.org

5 Elementary Schools

1 Junior High Schools

1 High School

TREASURE VALLEY PUBLIC SCHOOLS



The major advantage of private schooling is choice. Rather than sending your child to a public school that is required based on geography, now you have opened up a selection of several schools that may have very different educational styles and emphases, simply because you are deciding on private education. Every private school has a unique personality, and with a little research, certain schools will emerge from the pool as having more features that will benefit your child.

TREASURE VALLEY PRIVATE SCHOOLS





7009 Franklin Road, Boise, ID 83709

(208) 375-6010 🔋 Grades: 9 - 12

www.bk.org

Bishop Kelly High School's mission as a Catholic, Christian educational community is to develop the total student-spirit, mind and body. Through a diverse and comprehensive education in the Catholic tradition, students prepare themselves to serve God and others in the world community.



BOISE VALLEY ADVENTIST SCHOOL

925 N. Cloverdale Rd., Boise, ID 83713

🔋 Grades: PreK - 8 (208) 376-7141

www.bvas.org

Boise Valley Adventist School stands out in so many ways, including its highly educated teachers, beautiful facility, convenient location, and competitive tuition rates. But, topping the list of reasons that parents remain loyal to BVAS are its vibrant spiritual nurture and academic excellence.



2317 Wisconsin Ave., Caldwell, ID 83605

(208) 459-4313

caldwelladventistelementary.netadvent.org development.

CALDWELL ADVENTIST ELEMENTARY Caldwell Adventist Elementary School is a Christian private school that provides a higher standard of learning, faith, and citizenship. They offer music Grades: Infant - 8 education, choir, and band for all students as they believe music is an important part of every student's



COLE VALLEY CHRISTIAN SCHOOLS

8775 Ustick Road, Boise, ID 83704

(208) 947-1212 🔋 Grades: PreK - 12

www.colevalleychristian.org

Cole Valley Christian is in partnership with parents to provide an education that aligns with the Christcentered values that you instill at home, and that are taught at church.



EAGLE ADVENTIST CHRISTIAN

√ 538 W State St., Eagle, ID 83616

(208) 938-0093 (B) Grades: Pre - 8

ani830.adventistschoolconnect.org

The mission of the Eagle Adventist Christian School is to provide an environment for social, scholastic, and spiritual growth for children in preschool through eighth grade, by providing individualized instruction in multi-grade settings, to prepare them to make positive moral choices as productive Christian citizens.



FOOTHILLS SCHOOL OF ARTS

618 S. Eighth St., Boise, ID 83702

(208) 331-9260 (B) Grades: PreK - 9

www.foothillsschool.org

As a progressive school, they believe that students need excellent preparation both for school and for life. Through a focus on dispositions and skills like curiosity, creativity, critical thinking, and confidence, they provide students with the capacities they need not just for school, but to play an active role in a democratic society.

TREASURE VALLEY PRIVATE SCHOOLS (CONTINUED)



MAMPA CHRISTIAN SCHOOLS

505 W. Orchard Ave., Nampa, ID 83651

www.nampachristianschools.com

Nampa Christian Schools exists for the purpose of providing a Christ-centered academic experience for Christian families in the Treasure Valley. Their goal is 🍳 (208) 466-8451 🌘 Grades: Infant - 12 to develop Christian character and leadership through purposeful work, earnest scholarship, vital participation, and Christ-centered living.



RIVERSTONE INTERNATIONAL SCHOOL

5521 Warm Springs Ave., Boise, ID 83716

www.riverstoneschool.org

Providing the best education and preparation for their students long after they leave their doors is always at the forefront of their thoughts and actions. Riverstone (208) 424-5000 (B) Grades: PreK - 12 International School inspires courageous journeys of academic and personal exploration that enable their students to lead purposeful lives.



SACRED HEART CATHOLIC SCHOOL Their campus can accommodate 250 students in

3901 Cassia St., Boise, ID 83705

(208) 344-9738 Grades: PreK - 8

www.sacredheartboise.com

grades pre-K through 8. They follow the State of Idaho guidelines and offer a comprehensive religious education program. Sacred Heart Catholic School has ten classroom teachers, and specialists in art, music and physical education.



ST. JOSEPH'S CATHOLIC SCHOOL

🟏 825 W. Fort St., Boise, ID 83702

(208) 342-4909 Grades: K - 8

www.stjoes.com

For 115 years, St. Joseph's Catholic School has provided an excellent Catholic education to countless area students. Educating over 400 students annually in grades kindergarten through eighth, St. Joseph's is the cathedral school of the diocese, affiliated with The Cathedral of St. John the Evangelist.



🚠 SAINT MARY'S CATHOLIC SCHOOL

2620 W State St., Boise, ID 83702

www.stmarys-boise.org

(208) 342-7476 Rades: K - 8

valley. With 68 years of experience in helping students achieve their personal best, they are proud to say they challenge all their students to reach their full potential while developing values and a rich faith life.

Founded in 1948, St. Mary's School is one of the oldest, most successful traditional Catholic schools in the



THE AMBROSE SCHOOL

9 6100 N. Locust Grove Rd., Meridian, ID 83646

(208) 323-3888 Grades: K - 12

theambroseschool.org

The Ambrose School is dedicated to the idea that true education requires more than imparting knowledge, or training skills, or even teaching students to think (though all of these are involved). They are cultivating in students what the ancient Greeks and Christians called paideia.

HOMESCHOOLING

INFO & RESOURCES

Home Schooling is education directed by the parent/ guardian. Since Idaho does not regulate or monitor home school education, it is up to the parent/guardian to select the curriculum they wish to use.

There is no registration or sign up procedure required and the state of Idaho does not have a set curriculum to be followed for home school education.

All costs associated with home schooling are the responsibility of the parent/guardian.

TREASURE VALLEY HOMESCHOOL ORGANIZATIONS

CHOIS – Christian
Homeschoolers of Idaho
State – quarterly magazine,
lots of resources, produces a
convention in Idaho each year
in May/June

ICHE – The purpose of the Idaho Coalition of Home Educators is to protect the right to home educate within the State of Idaho.

SELAH – A homeschool support organization.

CHEER – Homeschool support and co-op.

YOU MAY ALSO WANT TO EXPLORE: Catholic Home Educators Of The Treasure Valley

LDS Desert Homeschool Association

Homeschool Days
Boise Foothills Learning
Center – free classes a couple
of times a year, hands on
nature learning.

Homeschool Board Game

Bunch – This Boise, Idaho group is for all ages! They play quality strategy games once per month at All About Games on Overland in Boise.

Idaho Iceworld Boise – every Friday is homeschool discount day

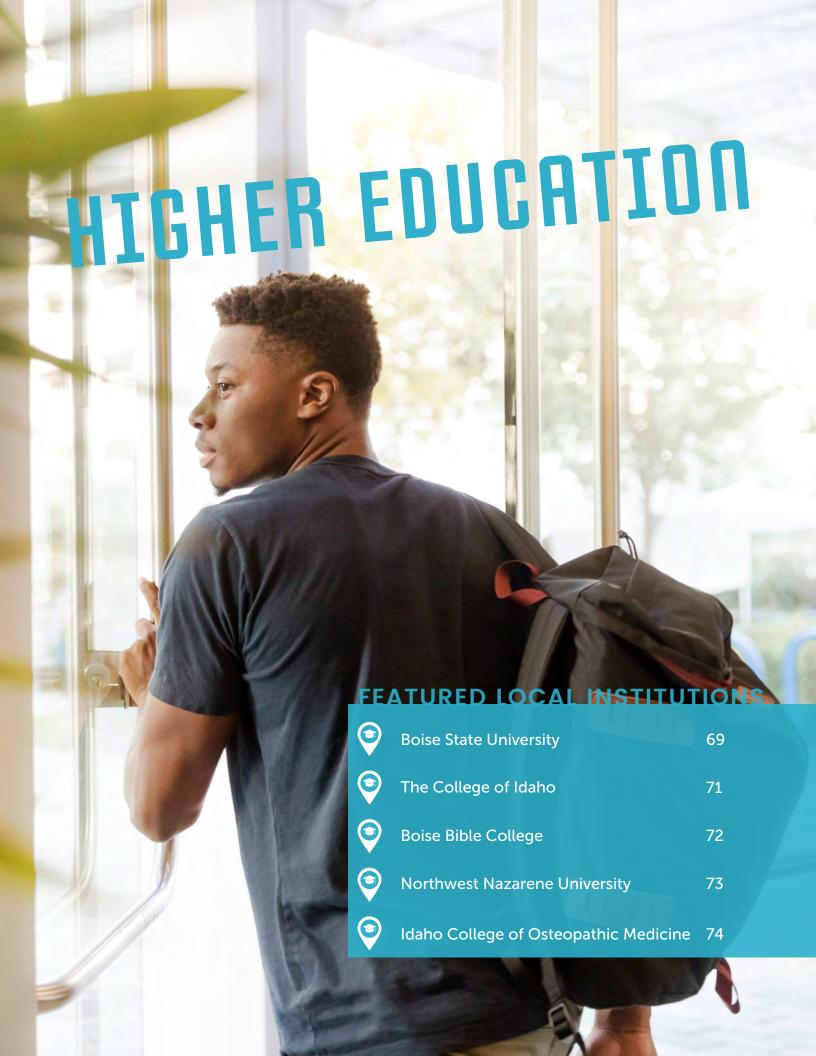
Jump Time – Tue & Thurs, 10 – 3pm

Nerfed - homeschool days on

the first and third Tuesday. \$5 from 1-4.

HOMESCHOOL CO-OPS & CLASSES:

- Gem State Adventist
 Academy (GSAA) They
 offer Choir, Band, and
 Advanced/Beginner
 Handbells. Contact
 Cecilia at: csimmons@
 gemstate.org
- Arrow Homeschool Coop
- Common Ground Homeschooling
- Treasure Valley
 Commonwealth
- Vineyard Christian Homeschool Co-op
- SweetPea Knitting
- Boise Urban Garden
 School The Boise
 Urban Garden School
 (BUGS) is a specialized,
 inquiry-based education
 organization that utilizes
 an organic garden setting
 as the foundation for
 our unique learning
 environment.





BOISE STATE UNIVERSITY

DISCOVER BOISE STATE UNIVERSITY

The students, faculty and staff at Boise State University are known for their grit and ambition. While we may be most famous for our iconic Blue Turf, we have built a metropolitan research university of distinction in the Northwest, with our faculty and student researchers working to answer some of the most intriguing questions facing us today.

FUTURE LEADERS

Students stand with us in the lab, in the field, as part of the learning and discovery process. You see, Boise State's faculty and staff are guided by one simple but powerful conviction: our students are the future leaders, thinkers and innovators of the American West, and that future begins in the classrooms of our campus, situated in the heart of Boise, Idaho, across the river from downtown, at the intersection of the region's centers of government, technology, business and the arts.

CULTURAL EXPERIENCES

On campus, we prime students to jump into Boise's rapidly growing professional and cultural scene, not only by their proximity to our state's capitol and bustling downtown core, but by the superior education they receive at Boise State. Recently we've significantly revamped our undergraduate experience to make students more career ready.

As Idaho's largest university and its fastest-growing research enterprise, Boise State recently joined a consortium of research universities including Purdue, Rice, Georgia Tech, University of Michigan and Texas A&M in a \$5 million foundation-funded effort to create longterm, hands-on applied research projects that will ensure undergraduate and graduate students get unprecedented experience tackling real-life problems in real time.

We've redesigned core classes to maintain a steady focus on building the skills students need to succeed, including problem-solving, communication, innovation, teamwork,





BOISE STATE UNIVERSITY

ethics and diversity. The world is taking notice: In less than a decade, we've more than doubled our out-of-state student enrollment and boosted the number of bachelor's, master's and doctoral degrees awarded each year by 52 percent.

In a decade of expansion, Boise State invested \$70 million in athletics facilities that have become the envy of our peers, at the same time



spending another \$200 million on academic, residential and other student-centered projects across campus.

WHAT MAKES OUR UNIVERSITY SPECIAL?

From our Distinguished Lecture Series, the world-class entertainment found at The Morrison Center and Taco Bell Arena, and a commitment to a healthy campus, we want you to consider Boise State a home away from home as much as an esteemed place of learning. We want you to question, to critique, to have fun and most importantly, to succeed.

Whether you aspire to devote your life to helping medical patients breathe with ease or

plan to jump app-first into Boise's explosive tech scene, you'll find all of the elements to thrive on campus: knowledgeable faculty and staff, a diverse body of peers eager to learn and grow with you, and hundreds of student groups and extracurricular activities ready to inject you with a healthy dose of Bronco pride.

Speaking of pride, the overlap between Bronco pride and Boise pride is strong. Thousands of Boise residents made the pilgrimage to Arizona to cheer us on to three Fiesta Bowl wins in recent years. Conversely, when music-loving residents founded Treefort, a five-day DIY music festival, Boise State jumped in to sponsor a complementary technology-themed conference called Hackfort that even caught the attention of the President of the United States.

Boise State University

1910 University Dr., Boise, ID 83725 (208) 426-1000 www.boisestate.edu

Total Enrollment: 23.886

Full Time: 12,350 / Part Time: 3,703 / Online: 7,380

Highest Enrollment Programs

Health Science Studies, BS
Biology, BS
Communitication, BA
Nursing, BS
Psychology, BA BS
Computer Science, BS
General Business, BA BBA BS



THE COLLEGE OF IDAHO

2112 Cleveland Blvd., Caldwell, ID 83605 (208) 459-5011 www.collegeofidaho.edu

Founded in 1891, The College of Idaho is the state's first private liberal arts college. We're a close-knit community of 1,000 scholars, athletes, artists and critical thinkers who aim to push ourselves — and each other — to new heights.



PEOPLE

- Enrollment of approximately 925 students.
- Students come from 28 different states.
- More than one-third of students compete for 20 varsity sports teams.
- C of I student athletes have captured 68 individual and team national championships, including 27 since 2011.

ACADEMICS

 The C of I offers 26 majors and 58 minors in the fine arts and humanities, natural sciences and

- mathematics, social sciences and history, and professional fields.
- 11:1 student-to-faculty ratio and high studentfaculty interaction.
- Through our innovative PEAK curriculum, students earn a major and three minors in four years across the four academic peaks. This empowers students to pursue their passions while developing the breadth and depth of knowledge necessary for lifelong success.
- Numerous off-campus and study abroad programs are available,

including regular trips to London, Paris, China, Australia and Idaho's Sawtooth Mountains.

DISTINCTIONS

- C of I graduates include seven Rhodes Scholars, 14 Marshall, Truman and Goldwater Scholars, three governors, a Pulitzer Prize-winning historian, an Academy Award-winning composer, four NFL players, the codiscoverer of B12, and the co-founder of Patagonia Outerwear.
- The College is home to four Carnegie Foundation Idaho Professors of the Year.



BOISE BIBLE COLLEGE

8695 W. Marigold St., Boise, ID 83714 (208) 376-7731 www.boisebible.edu

ABOUT BOISE BIBLE COLLEGE

Boise Bible College develops well-equipped leaders for the Lord's church who maintain a servant's heart, live with integrity, and hold a Biblical worldview as they serve the church.

We excel in preparing Christian leaders for all levels of church ministry and are an extension ministry of the local church as we equip individuals for a lifetime of Christian service. Our goal is for our students to remain free from debt so they can be free to serve. Your partnership, prayers and gifts help us accomplish this mission. Please consider making BBC a part of your monthly budget. Our Development staff is ready to assist and support you in any way possible. Please contact us if we can be of any assistance.

BBC is located on a 16-acre campus at the Northwest edge of Boise, just south of the Boise River and only minutes from numerous opportunities for recreation, amusement, shopping and employment. The BBC campus is not only in a great location, it is continually being developed to accommodate a growing student body. How big will we get? That is in God's hands, but we believe we will be blessed with over 500 students in the not too distant future.

Boise Bible College began in 1945, with just a few students as a ministry of the First Church of Christ in Boise as a training school for ministers



in the Pacific Northwest. After 65 years of service, BBC's primary mission remains the same -- to prepare Christians for a life of full-time ministry and leadership for the church in America and throughout the world.

The traditional goal of a college education was to provide a basic understanding of our complex world and the tools with which to respond creatively to life's challenges. Students at BBC learn to read, write, think, speak, and do research through studies in literature, language, history, the sciences, philosophy, and theology. Our students are given the experiences to help mature them into leaders capable of serving on any team with integrity, loyalty and discipline. They make a strong asset to any community or organization.

We offer Bachelor of Arts, Bachelor of Science, and Associate of Science degrees. Students may also pursue one-year Bible certificates or take advantage of one of the cooperative transfer agreements BBC has with other colleges and universities. The College is accredited by the Association for Biblical Higher Education (ABHE) a CHEA recognized accrediting organization.



NAZARENE UNIVERSITY

NORTHWEST NAZARENE UNIVERSITY

623 S University Blvd, Nampa, Idaho 83686 (208) 467-8011 www.nnu.edu

ABOUT NORTHWEST NAZARENE UNIVERSITY

Northwest Nazarene University, a nonprofit comprehensive Christian university of the liberal arts, offers over 60 areas of study, master's degree programs in seven disciplines, accelerated degree programs, concurrent credit for high school students and a variety of continuing education credits. In addition to its 90 acre campus located in Nampa, Idaho, the University also offers programs in Idaho Falls and in cooperation with programs in 35 countries.

Founded in 1913, the University now serves over 2,000 undergraduate and graduate students, more than 6,000 continuing education students and 2,300 high school students through the concurrent credit program. Our mission is to encourage a habit of mind that enables each student to become God's creative and redemptive agent in today's world. We believe that the education obtained from NNU prepares graduates to be global Christians through academic excellence, social responsiveness and creative engagement. NNU is accredited

by the Northwest Commission on Colleges and Universities and has been rated by U.S. News and World Report as one of the top masterslevel universities in the West.

STUDENT BODY

Over 10,000 students. A majority of our students come from all over the Northwest and parts of California. However, we do have international students from Papua New Guinea, Cameroon, Kenya, Ethiopia, South Africa, and many other countries.

STUDENT TO FACULTY RATIO

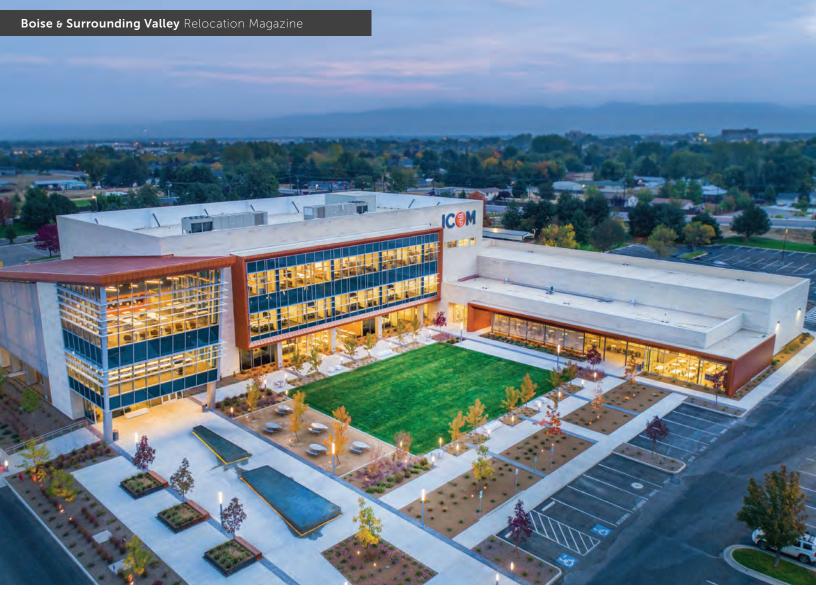
15.1

ACADEMIC AND SUPPORT UNITS

College of Arts and Sciences College of Adult and Graduate Studies Academic Services School of Business School of Theology and Christian Ministries

DEGREES

AA, BA, BS, BSN, MA, MBA, MDiv, MEd, MS, MSN, MSW, EdS, EdD, PhD



IDAHO COLLEGE OF OSTEOPATHIC MEDICINE

The mission of the Idaho College of Osteopathic Medicine is to train osteopathic physicians prepared for caring for persons in Idaho, Montana, North Dakota, South Dakota, Wyoming and beyond.

Idaho College of Osteopathic Medicine (ICOM) awards the Doctor of Osteopathic Medicine degree (DO). This is a 4-year degree with years 1 and 2 comprising on-campus didactic lectures, small group assignments laboratory and clinical experiences. Years 3 and 4 are completed at selected clinical sites

ABOUT OSTEOPATHIC MEDICAL SCHOOLS AND PHYSICIANS:

Doctors of Osteopathic Medicine, or DOs, are fully licensed physicians who practice in all areas of medicine, from family medicine to emergency medicine to surgery. They are the fastest-growing segment of physicians and provide a full range of services, from prescribing drugs to performing surgery, using the latest medical tools. In addition, DOs also offer something special -- a whole-person approach to treatment and care.

This whole-person approach to patients begins

in osteopathic medical school where, in addition to all the courses studied by their MD counterparts, DOs also receive between 200 and 300 additional hours of specialized training in osteopathic principles and practices, including hands-on osteopathic manipulation. Here, osteopathic medical students learn to use their hands to diagnose illness and treat the body's system of nerves, muscles, and bones, utilizing the interconnection between the body, mind, and spirit to impact health.

After medical school, DOs continue their training in residency programs alongside their MD colleagues and begin to focus on a particular specialty. Many DOs specialize in primary care, where their patient-centered focus on disease prevention, lifestyle modifications, and osteopathic manipulation skills can be fully utilized. By combining this knowledge with the latest advances in medical technology, DOs offer patients some of the most comprehensive care available in medicine today.

ICOM students spend their third and fourth years doing clinical clerkship rotations at core affiliated hospital and outpatient sites.

These clinical rotations utilize both traditional and innovative educational options, including regularly-scheduled learning sessions, interactive computer based learning, simulation, with assessment of clinical knowledge and skills. All clinical rotations are with contracted, accredited physicians at clinical sites that offer significant diversity and numbers of patients to allow for excellent educational environments. Clinical rotations occur in a variety of settings, including hospitals (inpatient experiences), ambulatory practices, and long-term care facilities. Core hospital assignments will take place in the fall of



the second year with significant efforts to place students at their core sites of choice. Each core site will have a Regional Dean and Coordinator to facilitate a strong educational experience. ICOM will continue to engage hospitals, clinics and physicians to offer new diverse training opportunities. Hands-on learning in osteopathic manipulative medicine will continue in student's third and fourth years.

The goals of clinical clerkship rotations are based on the American Osteopathic Association's (AOA) seven core competencies, as well as the thirteen Entrustable Professional Activities (EPA's) per the American Association of Colleges of Osteopathic Medicine (AACOM). The ICOM Office of Clinical Affairs will assist and educate students is scheduling their clinical rotations. All physicians preceptors will be board-certified/board eligible and be credentialed and contracted with ICOM.

IDAHO COLLEGE OF OSTEOPATHIC MEDICINE

1401 E Central Dr Meridian, Idaho 83642

EMAIL: admissions@idahocom.org **TEL:** (208) 696-ICOM (208-696-4266)

WEB: www.idahocom.org





SAINT ALPHONSUS REGIONAL MEDICAL CENTER

Saint Alphonsus Health System has the region's only Level Il Trauma Center, which recognizes our dedication to providing the highest quality, most optimal care for all critically ill and injured patients. This distinction ensures we maintain the highest standards for chest pain, stroke, orthopedic and general surgery and emergency care. It also creates a foundation of medical excellence, innovation and collaboration that makes the overall care all our patients receive - throughout the region - that much better. Saint Alphonsus Medical Centers are located in Boise & Nampa, Idaho and Ontario & Baker City, Oregon.

CANCER

Saint Alphonsus Cancer
Care Center offers access to

advanced diagnostic tools like 3D imaging and mobile mammography to help detect cancer at its earliest and most treatable stage. Our integrative approach to healing enhances the quality of life for patients and their families including genetic counseling and education, nutrition counseling, CLIMB child and family support, rehabilitation services, music, art, yoga and exercise therapy. Our team of experts use the latest treatment options such as precision radiation therapies, access to the region's largest number of clinical trials and personal care navigators that guide you every step of the way.

As Idaho's only Brachytherapy Center of Excellence we are reducing radiation treatment from six weeks to five days for partial breast cancer.

CARDIOVASCULAR

Saint Alphonsus Heart Institute is focused on providing high quality heart care when and where you need it most, so you can live a full life. We offer heart specialists with the most advanced training and experience to treat even the most complex heart conditions. We also travel around the region and see patients in 13 different communities, so it's easy to access care and make your heart health a priority. Our expertise combined with stateof-the-art technology, like the regions only Stereotaxis robotic treatment for heart rhythm disorders, ensures all patients have access to comprehensive care options, so they can feel better faster.

SAINT ALPHONSUS REGIONAL MEDICAL CENTER (CONTINUED)

EMERGENCY & TRAUMA

In an emergency, quick access to care is critical. That is why Saint Alphonsus offers easy access to six emergency departments around the region in Boise, Eagle, two in Nampa, Ontario and Baker City. All Saint Alphonsus emergency departments are staffed by board-certified emergency physicians and nurses, and backed by a team of trauma, chest pain and stroke specialists. With the region's only Level II Trauma Center and Time Sensitive Emergency certified center for Trauma, Stroke and Heart Attack, you can have peace of mind knowing any Saint Alphonsus Emergency Department is right for you.

URGENT CARE SECTION

Saint Alphonsus Medical Group has 12 urgent care locations across the Treasure Valley that are open daily with extended hours and limited wait times. We offer walk-in treatment for minor to moderate medical conditions that are not life-threatening, as well as a dedicated orthopedic urgent care located in Boise for sports related injuries. For added convenience, you can skip the car ride and waiting room by logging in to MyeVisit – an online urgent care video visit with a local Saint Alphonsus provider, so you can get the care you need from the comfort of home.

NEUROSCIENCE

Saint Alphonsus is the leading provider of advanced, innovative and interdisciplinary neurological services, and was the region's first Joint Commission Accredited Advanced Primary Stroke Center. Saint Alphonsus neurologists and neurosurgeons have the advanced training and experience to provide care for patients with complex neurologic conditions. Our collaborative team approach includes



neurosurgeons, neuroradiologists, vascular surgeons, neurologists, neuropathologists, physiatrists, oncologists and neurooptometrists focused on delivering the best options and outcomes to patients.

With a stroke, time is of the essence. Our team provides remote care and consults to stroke patients, through telemedicine services, at nearly all emergency departments throughout the region. We also excel in utilizing the latest technology to attack strokes such as biplane angiography, MRI/MRA, CT/CTA, CT perfusion, 4-vessel angiography, and interventional stroke and aneurysm procedures.

ORTHOPEDICS

Whether you are recovering from an injury or need surgery we know the importance of advanced orthopedic care. Whether it's pain in your shoulder, elbows, hips, knees or ankles we have both non-surgical and surgical specialists standing by to make sure you receive the best care as quickly as possible. We've invested in leading, state-of-the-art technology like Makoplasty for knee and hip replacement surgery, STAR ankle replacement and artificial disc replacement for spine injuries so you can recover quicker and feel better faster.

PRIMARY CARE & SPECIALISTS

Saint Alphonsus Medical Group can help with any of your primary care or specialty care needs. Our team of board-certified doctors and providers include family medicine, pediatricians, internal medicine and a wide range of specialists who are conveniently located throughout southwestern Idaho and eastern Oregon. Whether you're looking for urgent, same day care, wellness and preventive care or need a

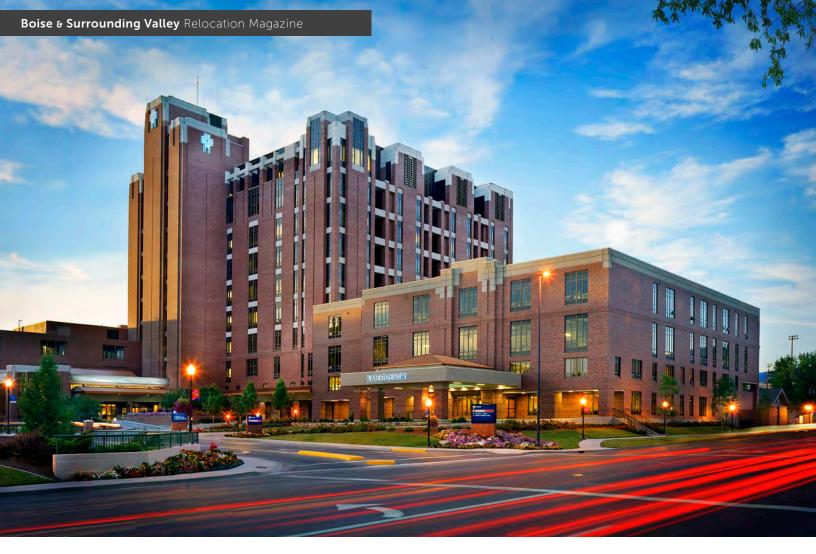
specialist to help manage a specific condition, our medical team will provide you and your family with the high-quality, personal care you deserve.

SURGERY

Saint Alphonsus is focused on delivering surgical excellence and has established the region's premiere surgical program. The foundation of surgical expertise is our Level II Trauma Center, which is continuously ready to care for any severe injuries and provide the most advanced care available within 500 miles. Supported by new Cardiovascular operating suites that are continuously ready for cardiac emergencies and spacious orthopedic and neurosurgical surgical suites outfitted with the latest imaging and technologies, we're ready for any surgery 24/7. We are also the first Health System in the region to introduce the da Vinci Surgical System, a minimally invasive robot assisted surgical platform that allows patients smaller incisions and the ability to recover quicker, with less pain and scarring. All five of our hospitals are staffed with skilled surgeons providing surgical specialties such as bariatrics, pediatrics, orthopedics, breast surgery and reconstruction, cardiothoracic and gastrointestinal surgical care.

WOMEN'S SERVICES

At Saint Alphonsus we offer specialized care for women of all ages. From personalized maternity care and comprehensive breast care to the region's only women's heart program, our medical experts guide you through every stage of life and are dedicated to being part of your life-long journey. You can count on our team to provide supportive, state-of-the-art care that helps you stay healthy and active every step of the way.



ST. LUKE'S BOISE MEDICAL CENTER

St. Luke's has cared for the people of the Treasure Valley since our founding in 1902. And as Boise has grown, we've grown, too. But one thing will never change: our commitment to your best health. We're here to help you stay as healthy and strong as possible so you can enjoy our beautiful scenery, exciting recreation, vibrant city, and wonderful quality of life for many years to come.

St. Luke's Boise is Idaho's largest health care provider and the flagship hospital of St. Luke's Health System, providing you access to highly skilled specialists, nurses, and staff within a friendly campus designed for healing. Known for clinical excellence, St. Luke's Boise is nationally recognized for quality and patient safety, and

proud to be designated a Magnet hospital, the gold standard for nursing care. Among our many services, we're home to:

- St. Luke's Children's Hospital, the only children's hospital in Idaho
- St. Luke's Heart
- St. Luke's Mountain States Tumor Institute's largest clinic
- St. Luke's Center for Minimally Invasive Surgery

ST. LUKE'S CHILDREN'S

Children have very different healthcare needs than adults. That's why St. Luke's Children's has created a network of medical experts that specialize in caring for kids—from birth all the way to adulthood.

We're home to Idaho's only children's hospital and, our wide range of specialty outpatient clinics—in areas such as pediatric cardiology, neurosurgery, oncology, gastroenterology, and many more—offer your family the greatest depth, breadth, and concentration of children's health resources in Idaho.

We also regularly bring additional visiting specialists to Idaho and host clinics throughout the state to bring you the very best in children's care, close to home.

HEART AND VASCULAR CARE

St. Luke's performs more heart and vascular procedures than any other hospital in Idaho. Our state-of-the-art facilities include echocardiography, cardiac catheterization, vascular diagnostic, and electrophysiology labs; and both St. Luke's Boise and Meridian are home to Idaho's first accredited Chest Pain Centers.

Our physicians, nurses, and staff—experts in cardiovascular disease, interventional cardiology, electrophysiology, and heart health and rehabilitation—are deeply committed to supporting your best quality of life. We'll coordinate all aspects of your heart and vascular health, from diagnosis, intervention, disease management, and rehabilitation to counseling, tobacco treatment, anti-coagulation services, access to research clinical trials, and more.

WOMEN'S SERVICES

Every woman is unique, and so are her healthcare needs. Your needs change with every age and stage of life. So whether you're a young woman just starting out in your career or a recent retiree, a first-time mom or a veteran of raising teenagers, you need to stay healthy and strong for yourself and for those you love. St. Luke's is here to help, every step of the way.

CANCER CARE AT ST. LUKE'S MOUNTAIN STATES TUMOR INSTITUTE (MSTI)

Patients and their families have trusted St. Luke's Mountain States Tumor Institute (MSTI) for advanced, compassionate cancer care for more than 40 years. St. Luke's MSTI is the region's largest provider of cancer care and a leader in cancer research. We're also home to Idaho's only cancer treatment center for children, only federally sponsored center for hemophilia, and only blood and marrow transplant program.

Because cancer touches nearly every aspect of your life, we focus on every aspect of your care. From the multidisciplinary team of expert physicians dedicated to your individual treatment, to the skilled caregivers working to reduce or alleviate symptoms and side effects, to the counselors serving your social and spiritual needs—we'll be with you every step of the way.

INTERNAL MEDICINE

A partnership with an internal medicine provider, a type of primary care provider, helps you live your healthiest life. The experienced medical





ST. LUKE'S BOISE MEDICAL CENTER (CONTINUED)

professionals at St. Luke's can help you navigate any health issues you face, whether it involves routine and preventive health checks, diagnosis and treatment of an acute medical problem, or ongoing management of a chronic illness.

As internists, we keep the whole patient in mind, rather than merely focusing on a single disease or organ system. We're prepared to handle severe chronic illnesses and situations where many illnesses occur at the same time. Our comprehensive care covers a wide range of conditions such as heart disease and hypertension, kidney disease, gastrointestinal problems, arthritis and other joint problems, allergies, lung problems, infections, nutritional problems, skin disease, diabetes, and more. When your condition requires the attention of

additional specialists, we'll coordinate your care.

OBSTETRICS AND GYNECOLOGY

Our team helps women stay healthy at all stages of life. Whether you're expecting a baby, scheduled for surgery, or navigating menopause, our experienced staff and expert providers deliver high quality, compassionate care. We offer annual gynecological wellness exams, care during pregnancy and childbirth, treatment and surgery for problems with the reproductive system, treatment for infertility, bone-density testing, and more.

PEDIATRICS

Pediatricians are trained to care for children of all ages, from infancy through adolescence. We provide wellness care, treat illness and injury, and also strive to understand and listen carefully your child's emotional and social development and needs. We're committed to building a relationship with your child and your family and supporting your child's best health over the years.

REHABILITATION

St. Luke's Rehabilitation is proud to continue the tradition of compassionate care established by the Idaho Elks decades ago. Our goal is to help you live your best life, whether you're returning to work or play after an injury, working to maintain independence with a disability, or recovering after an illness.

Our inpatient and outpatient programs serve all ages and cover both orthopedic and neurologic rehabilitation. Whatever your situation and



condition, we're dedicated to providing you with a comprehensive plan of care to support your best possible health and quality of life.

ORTHOPEDICS

A condition or injury impacting your bones, muscles, or related tissue can dramatically impact your quality of life. The team of experts at St. Luke's Orthopedics supports adult and pediatric musculoskeletal health with a wide range of services, from management of conditions such as osteoporosis, scoliosis, and bone fractures, to surgery of all major joints and comprehensive care for recreational and professional athletes.

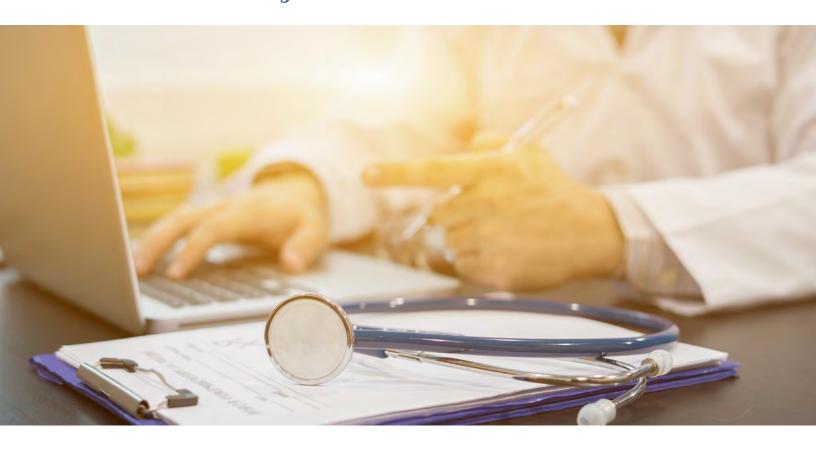
NEUROLOGY

Neurological conditions often require consistent, long-term care. Our experts offer you the skill and support you need, close to home. Our team specializes in the diagnosis and treatment of conditions such as epilepsy, stroke, multiple sclerosis, Parkinson's, and other neuromuscular diseases and will work in partnership with your primary care provider.

UROLOGY

St. Luke's offers the most advanced and comprehensive urologic care available in the region for adults and children with genitourinary problems. Whatever your condition or concern, we will treat you with compassion in a private and confidential setting. Our urologists are board certified through the American Board of Urology and many are the only physicians in Idaho with fellowship training in specialty areas such as reconstructive urology, male voiding dysfunction, urologic oncology, andrology (men's sexual health), and laparoscopic and endoscopic urology.

Treasure Valley MEDICAL CENTER DIRECTORY



BOISE

Saint Alphonsus Regional Medical Center 1055 N. Curtis Road Boise, ID 83706 (208) 367-2121 www.saintalphonsus.org

St. Luke's Boise Medical Center 190 E. Bannock St. Boise, ID 83712 (208) 381-2222 www.stlukesonline.org

> Boise VA Medical Center 500 Fort Street Boise, ID 83702 (208) 422-1000 www.boise.va.gov

CALDWELL

West Valley Medical Center 1717 Arlington Avenue Caldwell, ID 83605 (208) 459-4641 www.westvalleymedctr.com

EAGLE

St. Luke's Eagle Medical Plaza 3101 E. State St. Eagle, ID 83616 (208) 473-3000 www.stlukesonline.org

Saint Alphonsus Eagle Health Plaza 323 E. Riverside Drive Eagle, ID 83616 (208) 302-6000 www.saintalphonsus.org

EMMETT

Valor Health 1202 E Locust Street Emmett, ID 83617 (208) 365-3561 www.valorhealth.org

MERIDIAN

St. Luke's Meridian Medical Center 520 S. Eagle Road Meridian, ID 83642 (208) 706-5000 www.stlukesonline.org

NAMPA

Saint Alphonsus Neighborhood Hospital 1510 12th Avenue Nampa, ID 83686 (208) 498-1333 www.saintalphonsus.org

Saint Alphonsus Medical Center 184 & Garrity 4300 E. Flamingo Ave. Nampa, ID 83687 (208) 205-1000 www.saintalphonsus.org

St. Luke's Nampa Medical Center 9850 W. St. Luke's Drive Nampa, ID 83687 (208) 505-2000 www.stlukesonline.org

Local Veteran Resources



BOISE VA MEDICAL CENTER

Boise VA Medical Center Emergency Room is open 24/7.

Boise VA Medical Center's primary service area has a radius of approximately 160 miles with an estimated veteran population of 100,000. The Boise VAMC, within VISN 20, provides highly sophisticated primary, secondary, and specialty care to roughly 28,000 veterans each year. The Boise VA Medical Center delivers care in its main facility in Boise, Idaho and also operates Outpatient Clinics in Twin Falls, Caldwell, Mountain Home and Salmon, Idaho; as well as in Burns, Oregon.



They are committed to veterans health care and strive to continually improve the quality and accessibility of the care they provide. They also train future healthcare professionals, conduct research and support our nation in times of emergency. In all of these activities, their employees will respect and support your rights as a patient.

LIST OF SERVICES

Chronic Pain Management

Pain Management Services

Extended Care & Rehabilitation

The extended care and rehabilitation program provides physical medicine and rehabilitation, transitional care, as well as home and community care.

Medical Foster Home Program

MFH is a voluntary program that offers safe, long-term care in a home like setting.

Mental Health

Our mental health program provides consultation, evaluation, and treatment for a variety of issues that can impact emotional well-being.

Non-VA Care

Non-VA Care is medical care provided to eligible Veterans outside of the VA when VA facilities are not available, often known as Fee Basis.

Pharmacy

Providing our veterans the exemplary pharmaceutical care they have earned.

Primary Care

Our primary care program offers an extensive range of treatments with an emphasis on health care prevention.

Research

Our research and development program enhances our ability to provide state-of-the-art medical techniques and treatments to veterans.

Social Work

Social work is an integral part of health care. Our social work program assists veterans with counseling and community services.

Specialty Care

Our specialty care program offers all surgical specialties as well as neurology, radiation, oncology, and audiology.

Surgery

Surgery Service



OUTSIDE MAGAZINE, BEST TOWN IN THE WESTERN U.S.

"Boise, to put it mildly, has been on a roll. Government, education, and health care remain core industries, but dozens of high-tech startups have moved to town, joining behemoths like Hewlett-Packard and Micron Technology. And while its population has more than doubled in the past 30 years and jaded locals bemoan the sprawl, Boise has managed its growth impressively well: The city is home to nearly 2,000 acres of parks and a 25-mile greenbelt."

TREASURE VALLEY

ECONOMIC Snapshot

INFORMATION PROVIDED BY

Boise Valley Economic Partnership 250 S. 5th Street, Suite 300, Boise, ID 83702 (208) 472 - 5229 | www.bvep.org



Backed by mountains, blessed with sunny weather, the Boise Valley is earning national acclaim like no other mid-sized city in America. Our incredible quality of life has attracted a thriving mix of high tech, agribusiness and manufacturing businesses along with a young, educated workforce to serve them.

The quality of life in the Treasure Valley will blow you away. The average commute is 22 minutes. The schools are good. The streets are safe. And outdoor recreation is everywhere: at certain times of year you can literally ski, play golf and go fishing all in the same day.

It's bigger than you think. With 715,000+ residents and a 3.4% annual in-migration rate, the Boise Valley has a large and growing population, but thankfully still retains a friendly, small-town feel.

We're an educated bunch. Over 40% of our

workforce has earned college degrees. This area is also home to more than 14 institutions of higher education with a cumulative enrollment of 50,000. Together we receive more patents per capita than any city in America.

Our workforce is young, talented and growing. With stalwarts like HP, Micron, Simplot, Albertsons, the Boise Valley has an infrastructure of talent and expertise from a legacy of large corporate headquarters. Collectively our workforce is three years younger than the national average.



You can actually afford to live here. Our total cost of living is 93% of the national average. Housing is even more reasonable (only 88% of national average). As much as we love Seattle, Portland and the Bay Area (all just a short nonstop flight away), it makes a lot more sense to live here.

Put simply, the Boise Valley is a great place to live and work. It has everything you need to build a business, a career or a family—without the big commute, the huge house payment and punishing taxes. But don't just take our word for it.

QUICK FACTS

GROWING POPULATION

- Comprised of the following communities:
 Boise, Meridian, Nampa, Kuna, Eagle,
 Star, Emmett, Garden City, Caldwell and Mountain Home
- Total population within a 45-minute draw area: 710,000
- Idaho is among the top five fastest growing states in the nation (National Census Bureau)

LOW COSTS FOR BUSINESS AND LIVING

- The overall cost of doing business is nearly a third lower than California and Washington
- The cost of living is 92.5 % of the national average
- The average cost of a home is 88% of the national average
- No tax on services

TRAINED AND PRODUCTIVE WORKFORCE

Workforce: 354,400

• Average age: 36.2 years

- More patents are generated per capita in the Boise Metro than any other region in the country.
- Of the Boise Metro's 354,400-person workforce, over 234,000 have at least some college education, nearly half of those have a college degree.

HIGH QUALITY OF LIFE

The Boise-Nampa area is ranked as one



of the most secure large metropolitan areas in the U.S. out of 114 regions nationally with populations of over 500,000 (Farmers Insurance Group)

- Average commute time is only 22 minutes
- Four seasons of world-class outdoor recreation at your doorstep: skiing, hiking, cycling, fishing, rock climbing, rafting and more
- A full complement of cultural amenities including the nationally recognized Idaho Shakespeare Festival, TreeFort, LED, Boise Philharmonic, Opera Idaho and others
- Excellent K-12 schools and postsecondary educational opportunities

DIVERSITY

- Over 90 different languages are spoken in the Boise School District
- Home to the second-largest Basque population in North America
- Home to one of the oldest synagogues in the western United States

 More than two dozen language courses available through local universities and community education programs

ACCESSIBLE TRANSPORTATION

- Bisected by Interstate 84 and Interstate 184
- Boise Airport serves more than 3,000,000 people a year and is less than five miles from downtown Boise
- ValleyRide provides public bus transportation throughout the Boise Valley
- Idaho Northern & Pacific Railroad (INPR) provides freight service over four branch lines in southwestern Idaho and northeastern Oregon

FOR MORE INFORMATION

Boise Valley Economic Partnership 250 S. 5th Street, Suite 300 Boise, ID 83702 (208) 472 - 5229 www.bvep.org





